

## **Weekend Message Questions**

### **The Weight We Carry**

**09/26-09/27**

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**CHECK-IN:** Check with the members of your group to see how they are doing.

If you could do anything and knew you will not fail, what would you want to do?

**BIG IDEA:** The weights of the people.

**READ** Exodus 14:10-14

What fears did the people of Israel express?

Have you ever experienced a fear because you had a mistrust of God, you were unsure if He would keep His promises, not answer our prayers the way you wanted Him to, or felt like He was punishing you?

**Fear is birthed out of a mistrust for God.**

Where in the passage do you see fear paralyzing the people's common sense?

**Fear paralyzes our common sense.**

Was there a time when you allowed fear to create a false narrative in your life?

**Fear creates a false narrative.**

**READ:** 2 Timothy 1:7 & 1 John 4:17-18

Have you ever had fear play a role in your decision making?

How does removing fear increase someone's perspective and purpose?

Is there positive benefit from fear?

**READ:** Exodus 15:22-25 & Exodus 16:1-4

What was the root of the fear expressed by the people of Israel?

How did God address their fears?

Have you ever had God miraculously answer an issue for you?

Have you ever been in a situation made worse by forgetting God's mercy, provision, or His goodness?

**READ:** James 1:2-3 & Lamentations 3:22-23 (ESV)

What are ways we can remind ourselves of the faithfulness of God?

**The weight of a short memory is the soil of ingratitude and it robs us of the joy in our journey!**

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#### **DIY: Memorize Lamentations 3:22-23 –**

The steadfast love of the Lord never ceases;

his mercies never come to an end;

they are new every morning;

great is your faithfulness.

#### **PRAY**

**Can you use prayer?** <https://hopefellowship.net/prayer-request/>