

# Weekend Message Questions

## How to Fail at Your Resolutions 1/02

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**CHECK-IN:** Check with the members of your group to see how they are doing.

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What is something you are thankful for from this past year?

Have you made a resolution for 2022?

Is there something you are excited about for this upcoming year?

### **BIG IDEA: How to Fail at Your Resolutions**

#### **1. Be comfortable with who you are and where you are.**

How can being comfortable with yourself and where you are be a destructive thing?

Pastor Will said, "We are not the architects of our souls, instead, we are archeologists, discovering who God made us to be." What does that mean to you?

**READ:** Matthew 10:30

How does our relationship with God help us to understand who He created us to be?

#### **2. "Should" yourself to death.**

Do you ever criticize yourself about you SHOULD have done? How does that effect your effort to move forward?

What is the difference between using hindsight as a teacher or allowing it to be a trap?

#### **3. Focus on changing behavior instead of being transformed.**

**READ:** Romans 12:2

What is the difference between fixing a behavior and being transformed?

To know God's perfect and pleasing purpose for our lives requires us to be open and available for Christ to convict and change us. What are ways that you allow Christ to convict and change you?

Who are 2-3 people in your life who you can ask, "What is something that would be hard to hear, but if I knew it, I would be better because of it?"

How can Philippians 4:8 help transform your life?

#### **4. Stay Vague**

What is the difference between a vague and specific goal you have made?

Who are some of the specific people that God has impressed on your heart?

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### 5. Ax the accountability

**READ:** Genesis 2:18

Who do you have in your life that help encourage you in taking the steps necessary to achieve your goals or grow in the areas that you need to grow?

### **BONUS STEP: Exclude the Almighty**

**READ:** Proverbs 16:9 & James 4:13-16

Would anything be different in your life if your approach to doing everything was to dedicate everything you do, with your talents and the time God gives you, for His glory?

### **PRAY**

Can you use prayer? <https://hopefellowship.net/prayer-request/>