

SERMON STUDY



REFLECT

1. Have you ever complained to God?
2. Is complaining always wrong?

ENCOUNTER

Job 3 is a lament. It's a raw, passion-filled expression of his grief after unspeakable loss. Lament may not be a common word in our vocabulary, but it is prominent within Scripture. At least one-third of the psalms are lament. That's because God does not leave us voiceless in a broken world but equips us to speak to him in any of life's situations or emotions. Read and meditate on Psalm 13 – a short, but raw lament.

3. What questions do you have about this psalm? Does anything about it surprise you?
4. What are some emotions present within this psalm?
5. How does the end of Psalm 13 give us hope?

TRANSFORM

6. What are some differences between faith-filled lament and faithless anger or complaining?
7. If psalms are songs to teach us to pray in any situation, then in what situations might you pray Psalm 13?
8. In light of the sermon and this psalm, what does it mean that biblical lament turns from complaining to faith?

PRAYER REQUESTS

RESOURCES

For more on the subject of worshiping God through lament, read *Dark Clouds, Deep Mercy* by Mark Vroegop.