

DISCIPLESHIP RESOURCES

DAILY DEVOTIONALS

TUESDAY - SATURDAY
POSTED TO FACEBOOK @ 6:00AM

Tuesday, May 12th Day 1: The Trap of Busyness



Reading: Luke 10:38-42

Devotional: Martha's distraction while serving Jesus reveals a painful truth: we can be busy doing good things yet miss what matters most. She was serving the Lord, yet her hurry kept her from being with the Lord. Like Martha, we often celebrate our busyness as a badge of honor, filling our days with endless activity while our souls starve for intimacy with God. Jesus gently redirected Martha to "the one thing needed"—sitting at His feet. Today, examine your schedule honestly. Are you distracted even while serving Jesus? What would it look like to choose the "better part" that Mary discovered? Remember, Jesus values your presence more than your productivity.

Wednesday, May 13th Day 2: Learning from the Unhurried Christ

Reading: Mark 1:32-39

Devotional: Despite overwhelming demands—crowds pressing in, sick people needing healing, disciples urging Him to stay—Jesus withdrew to pray. He moved at the Father's pace, never hurried, always present. Notice that Jesus didn't heal everyone or meet every need. He said "no" to urgent demands because He listened to one voice: His Father's. This is the life of a true disciple. We're surrounded by endless notifications, commitments, and voices telling us where to be and what to do. But discipleship means learning to hear and obey the Father's voice above all others. What voices are competing for your attention? Practice silence today and listen for the one voice that truly matters.

Thursday, May 14th

Day 3: The Yoke That Brings Rest

Reading: Matthew 11:28-30

Devotional: Jesus offers an astonishing invitation: "Take my yoke upon you and learn from me." In Jewish culture, a rabbi's "yoke" was his teaching and way of life. Jesus isn't just offering relief from hard circumstances; He's offering an entirely new way to carry life itself. His yoke is easy and His burden is light—not because there's no work involved, but because we're learning His pace, His priorities, His perspective. Many of us have picked up the world's yoke instead: endless productivity, constant availability, fear of missing out. That yoke is crushing us. Today, consciously lay down the world's expectations and take up Jesus' way of living. What would change if you truly believed His burden is light?

Friday, May 15th

Day 4: The Sabbath as Resistance

Reading: Exodus 20:8-11; Mark 2:27

Devotional: God commanded Sabbath rest not as a legalistic requirement but as a gift. Sabbath says, "God is in control, not me." It declares that your worth isn't found in productivity and the world continues without your constant labor. This is radical resistance against our culture of endless production. We physically stop working but rarely spiritually rest—scrolling phones, binge-watching shows, filling every moment with noise. True Sabbath means ceasing ordinary work to delight in, trust, worship, and enjoy God. It's choosing to be rather than constantly do. When did you last practice genuine rest—not just inactivity, but soul-refreshing time with God? Schedule a Sabbath rhythm this week. Your soul desperately needs it.

Saturday, May 16th

Day 5: Becoming a Disciple

Reading: John 15:1-8

Devotional: Jesus didn't say, "Learn about me" but "Abide in me." Discipleship isn't primarily about acquiring knowledge; it's about being with Jesus, becoming like Jesus, and Him living His life through us. This takes time—something hurried people don't have. The solution to hurry isn't better time management or a vacation; it's rearranging your entire life around the practices and rhythms of Jesus. Silence. Solitude. Simplicity. Slowing down. These aren't optional extras for super-spiritual people; they're essential for anyone who wants to truly follow Christ. The speed of your life may be destroying the depth of your life. What needs to change? One day you'll breathe your last breath. The only thing that will matter is what you did with Jesus. Don't let busyness rob you of becoming His disciple.