

DISCIPLESHIP RESOURCES

DISCUSSION GUIDES

EVERY MONDAY

Discussion Guide

Sunday Sermon 7.26.26



Killing Apathy

This guide is designed to help your family or group take what was taught on Sunday and move from simply hearing the information to applying it in ways that build up and encourage one another. Feel free to adjust the depth and number of questions based on your time and the size of your group.

Access the Sermon on the Website & App:

[Click Here](#)



Overview

This session explores the danger of spiritual apathy -- what causes it, what it costs us, and how to cure it. Drawing from Hebrews 5:9-6:3, we will examine how spiritual laziness quietly erodes our passion for Christ and what it looks like to pursue genuine growth.

Key Takeaways

1. Apathy literally means "without suffering" -- and our willingness to suffer for something reveals how much we truly care about it.
 2. The cause of apathy is spiritual laziness, which develops not through one big decision but through small, repeated choices to gratify the flesh over time.
 3. The cost of apathy is threefold: a lack of disciples, an influx of spiritual babies, and a loss of discernment.
 4. The cure for apathy begins by going back to the gospel and building on that foundation -- and then pressing deeper, even when you do not feel like it.
 5. All Christians are called to be disciple-makers. Discipleship is not a spiritual gift; it is a command.
-

Discussion Questions

Opening

1. On a scale of one to ten, how would you honestly rate your spiritual passion right now? What has that looked like over the past year?
2. The sermon described apathy as "a slow drift -- like a small leak in a big boat." Have you ever experienced a season where you drifted spiritually without realizing it? What did that look like?

Digging In

3. The sermon defines apathy as being "without suffering," meaning a lack of willingness to sacrifice for what you claim to care about. In what areas of your spiritual life have you

avoided suffering or inconvenience?

4. The sermon makes the statement: "We get lazy with the gospel. We get numb to it." Why do you think familiarity with the gospel can lead to apathy rather than deeper gratitude? What can guard against that?
5. The sermon distinguishes between legalism and responsibility, saying: "Legalism is not saying that if you don't do something that God commands you to do that it will be detrimental to your Christian walk." How do you personally navigate the tension between grace and discipline in your walk with God?
6. The sermon argues that spiritual immaturity leads to moral immaturity. Do you agree with that connection? Where have you seen that play out -- in your own life or in the broader church?

Going Deeper

8. The sermon says: "You cannot wait until you feel like going deeper before you do." How does this challenge the way our culture approaches motivation and action? Can you think of an area in your life where you acted before you felt like it and saw growth as a result?
9. The pastor stated: "We are often okay with people getting bored with Jesus as long as they aren't bored with the church." What is the difference between being engaged with church activity and being genuinely passionate about Jesus? How can you tell the difference in your own heart?
10. All Christians are described as being called to make disciples -- not just those with a teaching gift. Who is currently discipling you? Who are you currently discipling or investing in spiritually?

Practical Applications

Choose one or more of the following to put into practice this week:

- **Return to the gospel.** Set aside time this week to meditate specifically on what it means that you are not only forgiven but made righteous in Christ. Write down what that truth means to you personally.

- **Read a passage repeatedly.** Choose one passage of Scripture and commit to reading it every day for the next week. Do not stop when it gets difficult or unclear. Note what new things you observe with each reading.
 - **Audit your small decisions.** For the next seven days, pay attention to the small daily choices you make between gratifying your flesh and investing in your spiritual life. Keep a simple log and reflect on what patterns you notice.
 - **Pursue a discipleship relationship.** If you do not currently have someone pouring into you spiritually, take a concrete step this week to pursue that -- whether by reaching out to a pastor, a mature believer, or someone in this group.
 - **Fast a meal.** As the sermon suggested, skip one meal this week as an intentional act of telling your flesh it does not rule you. Use that time to pray and read Scripture instead.
-

Closing Reflection

The sermon closed with this challenge: God knows the potential He has placed in you, even if you do not. Apathy quietly wastes that potential -- not through dramatic failure, but through small surrenders over time.

Close your group time by asking each member to answer this question honestly:

What is one specific thing you have been putting off in your walk with God that you know you need to do?

Pray for one another by name, asking God to stir genuine passion for Christ and the courage to act before the feeling arrives.