

5 more Rules to Respond in Conflict. (October 23, 2025)

“A man has joy by the answer of his mouth,
And a word spoken in due season, how good it is!”
(Prov. 15:23)

We are learning that how we say things affects how those things are received. Last week, we looked at 5 rules that can guide our conversations when emotionally charged or conflicted. This week, we will review 5 more considerations...

1. Be brief by saying 1 thing at a time. (Avoid overwhelming the other person with your “facts.”)
2. Allow the other person space to respond after you know they understand what you’ve said.
3. Avoid the word “should.” (“Should” is immediately judgmental and critical.)
4. Propose alternative solutions rather than merely focusing on the shortcomings.
5. Balance grace and truth by remaining relationally connected throughout the conversation.
(When the truth gets to be too tough or the issue becomes overwhelming, stop the conversation to reaffirm the relationship.)

May you experience the joy of a word spoken in due season.