

5 Rules to Respond in Conflict.

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Proverbs 25:11 famously says, “A word fitly spoken is like apples of gold in settings of silver.” It is important to have a correct answer, but it may be just as important to say it “fitly.”

Over the next two weeks, we will be sharing 10 considerations to make when responding to another person. These considerations become very important when the conversations are highly charged with emotion or conflict. Here are the first 5 rules...

1. Speak for yourself by using “I” statements.
2. Avoid using universals or superlatives like “always,” “never,” “perfect,” “worst,” etc.
3. Be clear and specific by figuring out what you want to say ahead of time.
4. Don’t fix, save, or set others straight (unless you are an authority required to hold them accountable).
5. Share your feelings without making the other person responsible for them. It’s okay to say, “When you do this, I feel that...” However, it is not accurate to say, “You make me feel that...”

How we say something really matters. Let’s get our gold apples in silver settings.