

The Drama Triangle: The Rescuer (June 18, 2026)

In 2 Corinthians 5:18, Paul tells us that God “has given us the ministry of reconciliation.”

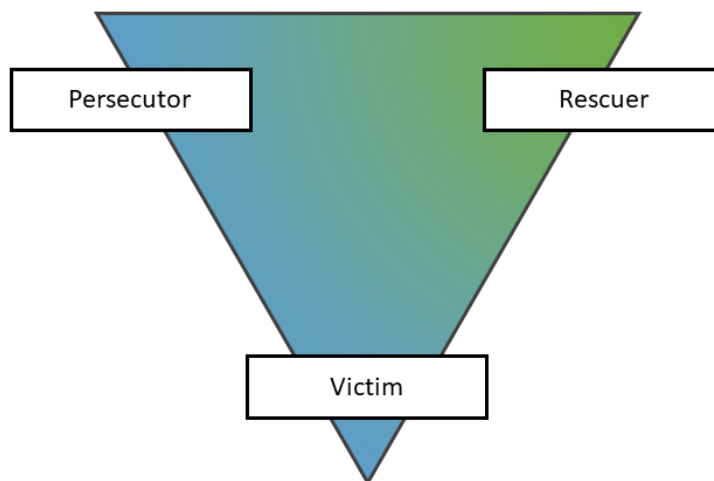
But how do we know if our ministry is producing genuine reconciliation?

Maybe we are merely rescuing and enabling a person to remain a victim.

Or maybe we are over-functioning and eliminating the opportunity for growth.

How do we know when reconciliation has been accomplished?

Below is a copy of the “Drama Triangle” which gives us a visual representation of relationships in ministry. In this scenario, a person or situation (aka. the Persecutor) has afflicted and harmed another person (aka. the Victim). When the afflicted person goes to a third party (aka. the Rescuer) for help, the actions of the Rescuer will determine if the ministry is reconciliation or something else.



If the Rescuer allows the Victim to become dependent on the Rescuer,
the Victim will avoid the Persecutor and remain a Victim.
The Victim will feel better but remain stunted in their growth and maturity.

If the Rescuer fixes the Victim’s problem directly by correcting the Persecutor,
the Rescuer is over-functioning and the Victim will still remain a Victim.
The problem might go away but the Victim will not have learned to address this issue themselves.

Reconciliation is accomplished in ministry when the Victim is given the skills and power
to address the Persecutor directly and fix their problems with God’s help alone.

We know our ministry is effective when Victims are no longer Victims.
But when Rescuers equip former Victims to reconcile with their Persecutor,
they turn Victims into Rescuers capable of helping other Victims reconcile as well.