## Day 8 - Monday, January 17, 2022

Philippians 4:6-7 (NLT)

"Don't worry about anything; instead, pray about everything. Tell God what you need and thank Him for all He has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus."

You have a promise for peace. Over the last couple of years there has been an all-out attack on the believer's peace. Because we believe God is the promise maker and promise keeper, that makes us people of the promise. As people of the promise, we are guaranteed peace. Just because we are guaranteed peace does not mean we receive it. Let me explain.

In Philippians 4, Paul lays out some very specific instructions on how to receive the guaranteed peace. First, we are to not worry about anything. In order to not worry we must pray...about everything. Prayer is the key to receiving the promise of peace. Have a good day? Pray! Have a struggle? Pray! Have a sickness? Pray! Have a disappointment? Pray! Pray about EVERYTHING.

Next be thankful. You have more to give thanks for than you do to worry about. Let thanksgiving be your first response. After prayer and thanksgiving, peace is received. Settle your heart today, pray to our God of the promise, thank Him for who He is, and receive your promise of peace.

Today's Promise: God promises to give peace in all circumstances.