



Week 3

Your Best Life Now!

Sermon Notes

Psalm 51:10

Create in me a clean heart, O God, and renew a right spirit within me.

Nehemiah 8:1-12

1. Connect with God's People

- Nehemiah brought the people together

2. Be Attentive to God's Word

- The people stood in respect to God's word

3. Be quick to repent

- Put the weights of your life down

4. Face tomorrow with Joy

- The joy of the Lord is our strength

Questions to Consider

What's the difference between being at church and being connected in Christian community?

Which one better describes your current experience?

Be honest: How many days per week do you currently engage with God's Word? What are the biggest obstacles preventing you from reading the Bible more consistently?

What "weights" have you been carrying that should be in God's hands instead of yours?

How can "the joy of the Lord" actually be our strength when we face difficulties or uncertain tomorrows?

Application

Commit to one of the following this week!

- **Option 1: Connection**

Reach out to someone in your small group or church this week for coffee, a meal, or a phone call—not because it's convenient, but to intentionally build deeper community.

- **Option 2: God's Word**

Commit to reading the Bible 4+ days this week. Start with the book of Mark, one chapter per day. Set a specific time and place.

- **Option 3: Repentance with Joy**

Identify one "weight" you've been carrying and intentionally surrender it to God through prayer. Then do something joyful to celebrate God's forgiveness (treat yourself to something you enjoy as a reminder that repentance leads to joy, not shame).

- **Option 4: Facing Tomorrow**

Write down your biggest worry about tomorrow. Then write Nehemiah 8:10 next to it: "The joy of the Lord is my strength." Read it every morning this week.

★ Starting February 18th, commit to fasting and praying for salvation (details at dayspring.tv/fast).

Pray for one another