



## Week 3

# Your Best Life Now!

### Sermon Notes

#### **Psalm 51:10**

Create in me a clean heart, O God, and renew a right spirit within me.

Nehemiah 8:1-12

#### **1. Connect with Gods People**

- Nehemiah brought the people together

#### **2. Be Attentive to God's Word**

- The people stood in respect to God's word

#### **3. Be quick to repent**

- Put the weights of your life down

#### **4. Face tomorrow with Joy**

- The joy of the Lord is our strength

### **Questions to Consider**

**What's the difference between being at church and being connected in Christian community? Which one better describes your current experience?**

**Be honest: How many days per week do you currently engage with God's Word? What are the biggest obstacles preventing you from reading the Bible more consistently?**

**What "weights" have you been carrying that should be in God's hands instead of yours?**

**How can "the joy of the Lord" actually be our strength when we face difficulties or uncertain tomorrows?**

### **Application**

#### **Commit to one of the following this week!**

- **Option 1: Connection**

Reach out to someone in your small group or church this week for coffee, a meal, or a phone call—not because it's convenient, but to intentionally build deeper community.

- **Option 2: God's Word**

Commit to reading the Bible 4+ days this week. Start with the book of Mark, one chapter per day. Set a specific time and place.

- **Option 3: Repentance with Joy**

Identify one "weight" you've been carrying and intentionally surrender it to God through prayer. Then do something joyful to celebrate God's forgiveness (treat yourself to something you enjoy as a reminder that repentance leads to joy, not shame).

- **Option 4: Facing Tomorrow**

Write down your biggest worry about tomorrow. Then write Nehemiah 8:10 next to it: "The joy of the Lord is my strength." Read it every morning this week.

★ **Starting February 18th, commit to fasting and praying for salvation (details at [dayspring.tv/fast](https://dayspring.tv/fast)).**

**Pray for one another**