



SUMMER CRUISE, PART 3

JESUS CALMS THE STORM

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Main Text

Matthew 8:23-27

23 Then Jesus got into the boat and started across the lake with his disciples. 24 Suddenly, a fierce storm struck the lake, with waves breaking into the boat. But Jesus was sleeping. 25 The disciples went and woke him up, shouting, “Lord, save us! We’re going to drown!” 26 Jesus responded, “Why are you afraid? You have so little faith!” Then he got up and rebuked the wind and waves, and suddenly there was a great calm. 27 The disciples were amazed. “Who is this man?” they asked. “Even the winds and waves obey him!”

Following Jesus

Following Jesus is bold and we see that when the disciples cross the lake and a storm comes. Jesus teaches us that rough waters can come out of nowhere.

What are some ways that we can respond in faith to rough waters?

Jesus was on the boat in the storm.

How does Jesus’ presence help us through storms?

Our faith is often built up because of what we’ve experienced in our spiritual journey. *Take a moment and share about a time that a storm came and Jesus calmed the situation.*

Peace in all situations

Peace comes when we refuse to engage with anxiety and choose prayer and gratitude. Sometimes that’s easier said than done.

How can you practically avoid anxiety when storms hit?

Jesus can always be trusted. Storms don’t come because God is mad at us or trying to punish us, but we can trust God in all things.

In what ways can you stay in God’s presence during storms? What scriptures remind you that God is trustworthy and cares for you?

What are you doing on a regular basis to strengthen and grow your faith?