

In your patience- when you're enduring a hard place get your soul under control **Luk 8:15; Heb 10:36; Heb 12:1-3; Jas 1:3; Jas 5:7-11; Rev 2:19; Rev 3:10; Rev 13:10; Rev 14:12**

- The battle is in my soul **1Th 5:23** (our issues are in our flesh **Rom 7:18; Gal 4:14**)
 - Thoughts, feelings and emotions that contradict God and dominate me **Rom 8:5-7; Psa 42:6; Psa 42:11; Psa 43:5**
 - He that endures to the end shall be saved **Mat 10:22**
- We are not alone we have a helper **Joh 14:16; Joh 14:26; Joh 15:26; Joh 16:7; Rom 8:26**

Don't allow your soul to be agitated or troubled

- **Joh 14:1** Literally - Never, not in any way, allow your own thoughts and feelings to be stirred up and agitated and troubled. How?
 - Believe (Trust) in God Believe (Trust) in me (Jesus)
 - Believe: To have faith in, upon and with respect to a person or thing with hope
- You have faith in respect to God. Have faith in respect to me. PUT YOUR TRUST IN JESUS!
 - Believe in God and in Me is an imperative: meaning not a suggestion but a command (Imperative means urgent and extremely important that this action be taken)
- Don't take every thought that comes to you. (That is not my thought, and I refuse to take it)
 - **Mat 6:25; Mat 6:31; Mat 6:34; Mat 10:19; Mar 13:11; Luk 12:11; Luk 12:22**

HAVE FAITH IN GOD and KEEP SAYING **Mar 11:22-24**

- Use your mouth to take control of your Mind, Will and Emotions
- I must get my soul under control by telling it what to do **Luk 12:19; Psa 103:1-2; Psa 103:22; Psa 104:1; Psa 104:35**
- You get filled with whatever spirit by speaking to yourself **Eph 5:18**

Replace your thoughts with Gods thoughts **Isa 55:6-11**

- Examine every thought in the light of the Bible and redemption **2Co 10:3-6**
 - He would not have given us weapons if there was not a war
 - Real spiritual warfare is the battle against your fleshly nature, and which is going to control your soul. (Mind Will Emotions) Either the Spirit through the Word or the Flesh and its desires **Rom 7:14-25**
- God gave us His thoughts we need to replace our thoughts with His
 - God's Word is Gods thoughts **1Co 2:16**
- **Jas 1:21** Receive (take what is offered) Meekness (Without resisting God with an attitude) The Engrafted (Something sown from outside)
- The Word washes the soul from the old way of thinking and living **Eph 5:26**
 - You purify your soul by obeying the truth through the power of the Holy Spirit **1Pet 1:22**
 - Guarding your mouth **Prov 13:3; Pro 18:20-21; Prov 21:23; 1Pe 3:10; Eph 4:29**
 - If you get your mouth under control, you get your soul under control. **Jms 3:1-12**