



Community Group Questions

Read the verses: Matthew 6:24-34

1. What makes you feel anxious?
2. What issues should we care about? How can we put good concerns in the rightful spot, not dipping into indifference or raising them to anxiety?
3. Why does Jesus connect this passage with the previous passage by the word "therefore" (v. 25)? What is the connection between treasuring earthly treasures and being anxious about our lives?
4. What are tempting "treasure chests" for you to replace with God?
5. What does Jesus mean when he says, "Gentiles seek after all these things" (v. 32a)? What comfort does Jesus offer when he says, "Your Heavenly Father knows that you need them all" (v. 32b)?
6. How would your life look different if you knew with absolute certainty that God cared about your concerns and loves you?
7. Are there any specific ways of praying that help you in times of anxiety? (Lords prayer, serenity prayer, etc.)
8. Will you commit to praying this week when anxiety comes up?