

# S.O.A.P.

## CONNECT<sup>+</sup>CHURCH

AS WE READ THE BIBLE, WE BEGIN TO SEE HOW GOD RESPONDS TO THINGS. DOING DAILY DEVOTIONS RE-PATTERNS THE WAY WE THINK, TRANSFORMS THE SPIRIT OF OUR MIND, AND HELPS US BECOME MORE LIKE JESUS! S.O.A.P. JOURNALING IS A SIMPLE AND EXCELLENT WAY TO BOTH RECORD AND PROCESS WHAT GOD HAS SPOKEN TO YOU.

## HOW TO S.O.A.P.

### **S - SCRIPTURE**

OPEN YOUR BIBLE TO YOUR READING FOR THE DAY. TAKE TIME READING AND ALLOW GOD TO SPEAK TO YOU. WHEN YOU ARE DONE, LOOK FOR A VERSE THAT PARTICULARLY SPOKE TO YOU THAT DAY, AND WRITE IT IN YOUR JOURNAL.

### **O - OBSERVATION**

WHAT DO YOU THINK GOD IS SAYING TO YOU IN THIS SCRIPTURE? ASK THE HOLY SPIRIT TO TEACH YOU AND REVEAL JESUS TO YOU.

### **A - APPLICATION**

PERSONALIZE WHAT YOU HAVE READ, BY ASKING YOURSELF HOW IT APPLIES TO YOUR LIFE RIGHT NOW. PERHAPS IT IS INSTRUCTION, ENCOURAGEMENT, A NEW PROMISE, OR CORRECTIONS FOR A PARTICULAR AREA OF YOUR LIFE. WRITE HOW THIS SCRIPTURE CAN APPLY TO YOU TODAY.

### **P - PRAYER**

THIS CAN BE AS SIMPLE AS ASKING GOD TO HELP YOU USE THIS SCRIPTURE, OR EVEN A PRAYER FOR A GREATER INSIGHT ON WHAT HE MAY BE REVEALING TO YOU. REMEMBER, PRAYER IS A TWO-WAY CONVERSATION, SO BE SURE TO LISTEN TO WHAT GOD HAS TO SAY! NOW, WRITE IT OUT.

# S.O.A.P.

SCRIPTURE

OBSERVATION

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APPLICATION

PRAYER

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