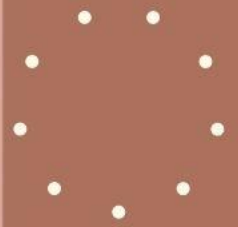
Practicing the Way

FIRST CONGREGATIONAL CHURCH
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Crafting a Rule of Life



Practicing the Way

You yourselves have seen what I did to Egypt, and how I carried you on eagles' wings and brought you to myself.
Exodus 19:4

I am the LORD your God, who brought you out of Egypt, out of the land of slavery.
Exodus 20:2

Grace comes before instruction

For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— not by works, so that no one can boast.

Ephesians 2:8-9

For the grace of God has appeared that offers salvation to all people. It teaches us to say “No” to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age,

Titus 2:11-12

The grace that saves us is also the grace that trains us.

While we wait for the blessed hope—the appearing of the glory of our great God and Savior, Jesus Christ, who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good.

Titus 2:13-14

Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act in order to fulfill his good purpose.

Philippians 2:12-13

Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

John 15:4-5

What rhythms already exist in your life?

God, where are you inviting me to grow?

Your Rule of Life should be realistic enough that you can actually live it, but challenging enough that it requires growth.

Rule of Life									
	Sabbath	Prayer	Fasting	Solitude	Generosity	Scripture	Community	Service	Witness
Daily									
Weekly									
Monthly or Seasonally									

Where am I right now?

Where is God inviting me to grow?