



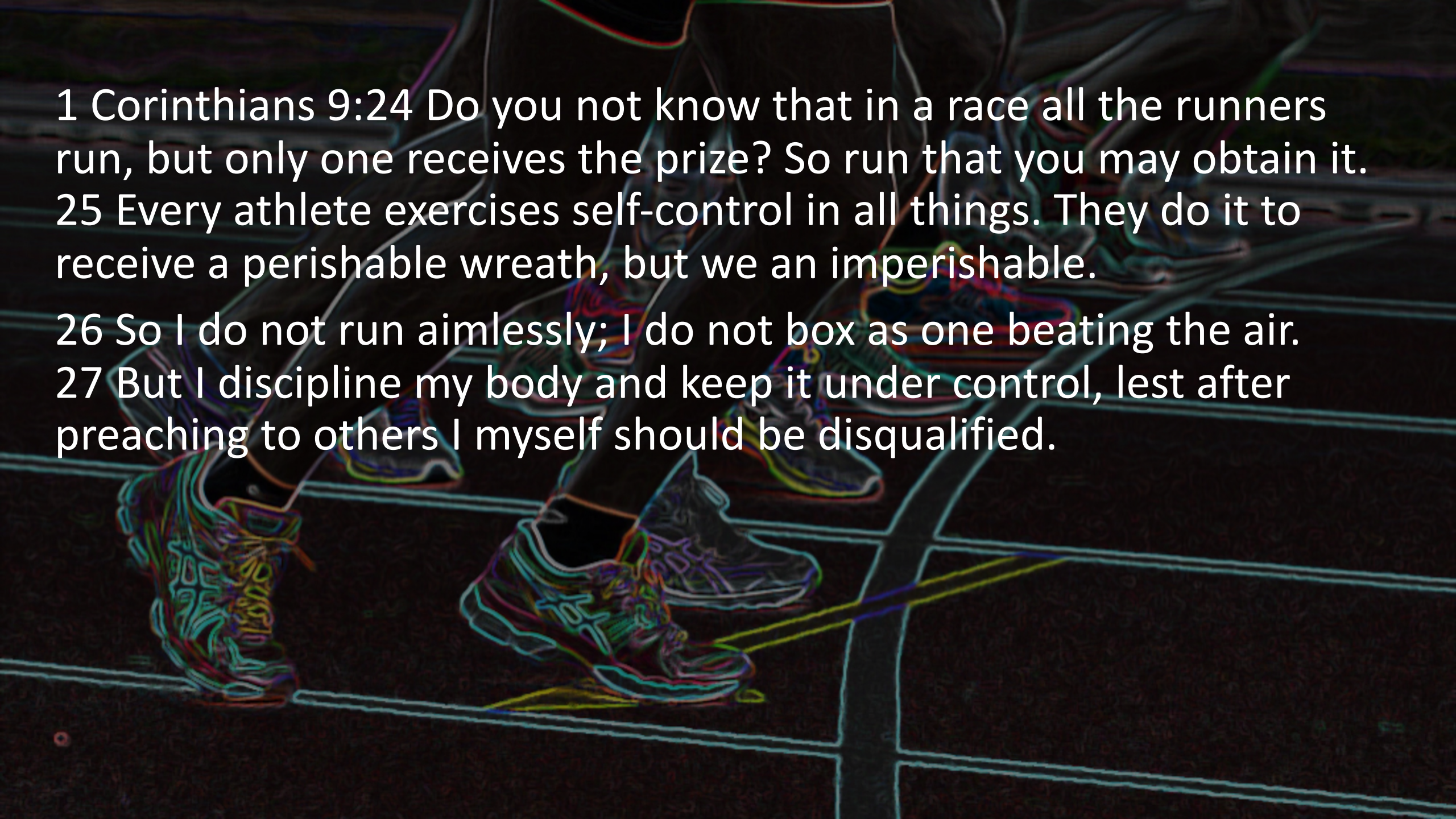
# Run the Race: Focus

[www.kokomofirstcongo.org](http://www.kokomofirstcongo.org)

Pastor Jon Tice

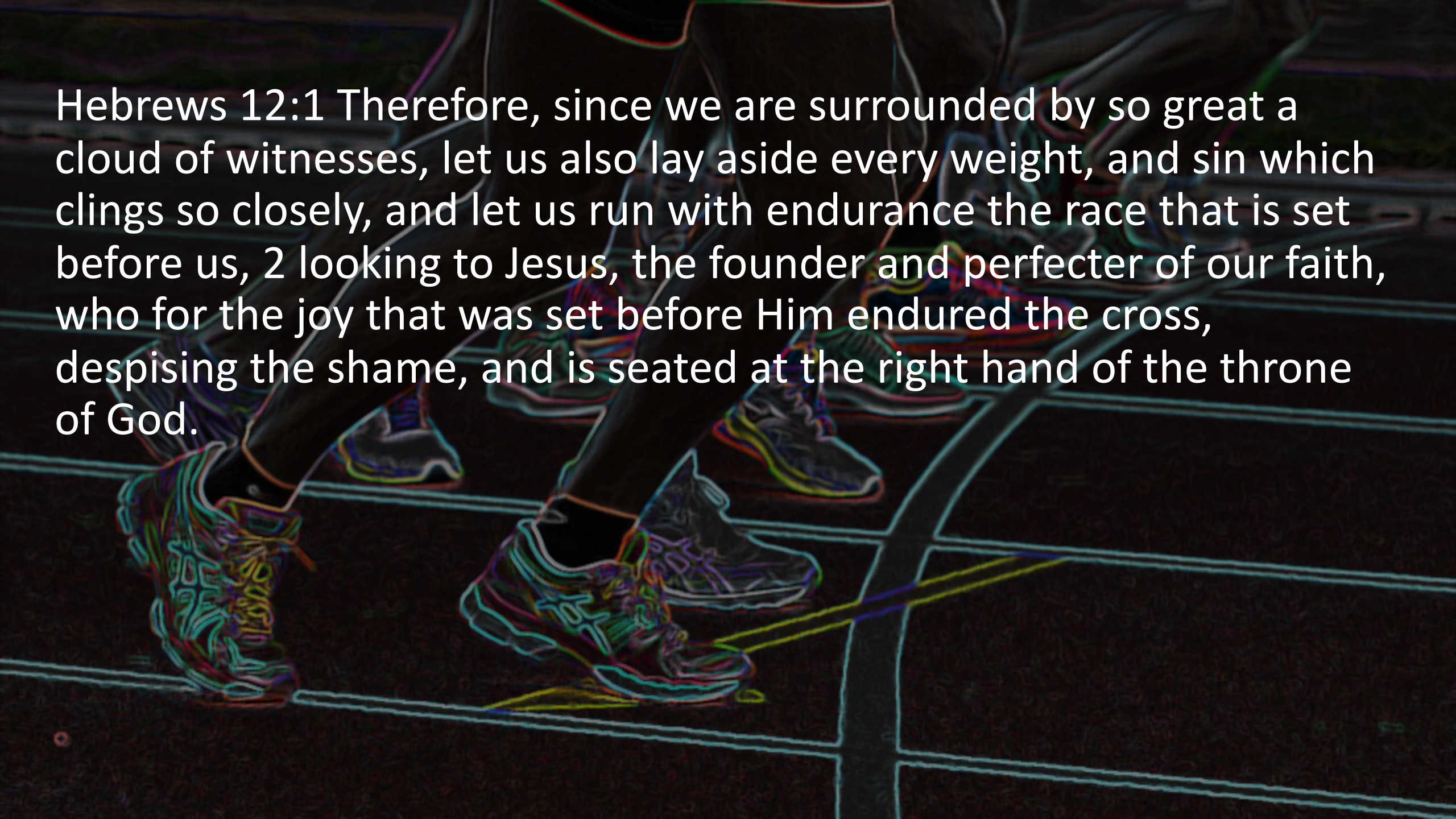
January 15, 2023



A person is running on a track, captured in a dynamic pose. The image is overlaid with a vibrant, multi-colored outline effect that highlights the runner's legs, feet, and the track's lanes. The background is dark, making the glowing lines stand out prominently.

1 Corinthians 9:24 Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it.  
25 Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable.  
26 So I do not run aimlessly; I do not box as one beating the air.  
27 But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

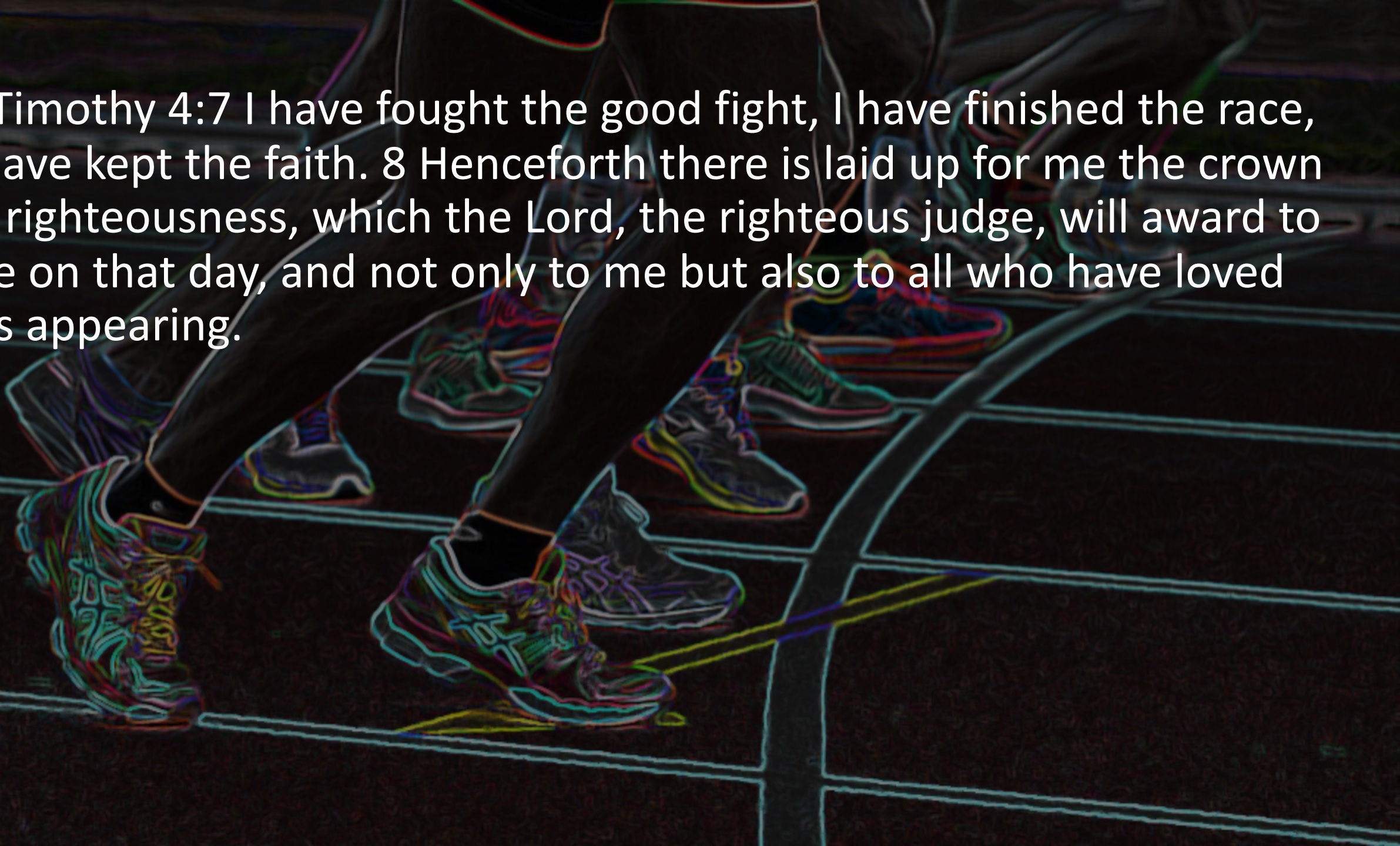




Hebrews 12:1 Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, 2 looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before Him endured the cross, despising the shame, and is seated at the right hand of the throne of God.



2 Timothy 4:7 I have fought the good fight, I have finished the race, I have kept the faith. 8 Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award to me on that day, and not only to me but also to all who have loved His appearing.





A photograph of a person running on a track, with a focus on their legs and feet in motion. The image is overlaid with a colorful, glowing outline effect. The text is white and positioned in the upper left quadrant.

## Running your Race: Focus ON

1. Clear Passion for pursuing and pleasing Jesus

“this one thing I do” Philippians 3:13,14

“looking unto Jesus, the author and finisher” Heb. 12:2



A person is shown from the waist down, running on a track. The image is stylized with a vibrant, multi-colored outline effect in shades of blue, green, yellow, and red, giving it a glowing, ethereal appearance. The background is dark, making the glowing lines stand out.

## Running your Race: Focus ON

1. Clear passion for pursuing and pleasing God

2. Consistent Patterns Hebrews 12:1,2

Run thru the Pain “despising the shame”

Shedding the weights “lay aside every weight”

Obliterate the sin “the sin that besets us”



A person is running on a track, captured in a low-angle shot focusing on their legs and feet. The image has a vibrant, multi-colored glow effect, with lines of red, green, blue, and yellow highlighting the contours of the runner's legs, feet, and the track surface. The background is dark, making the glowing elements stand out.

## Running your Race: Focus ON

1. Clear Passion for pursuing and pleasing Jesus
  2. Consistent Patterns
  3. Constant Perseverance
- Be disciplined, faithful





## Application

1. Clear Passion for pursuing and pleasing Jesus

COMMIT DAILY

2. Consistent Patterns

EXAMINE AND CHANGE PATTERNS

3. Constant Perseverance

SPEND TIME WITH PEOPLE IN THIS KIND OF RACE