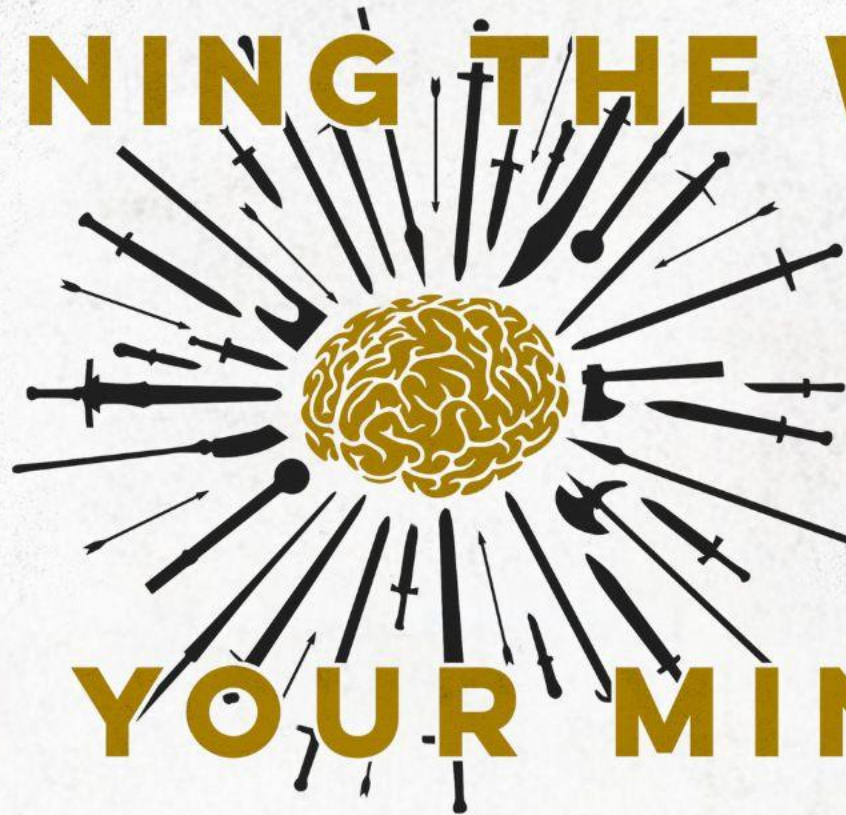


WINNING THE WAR



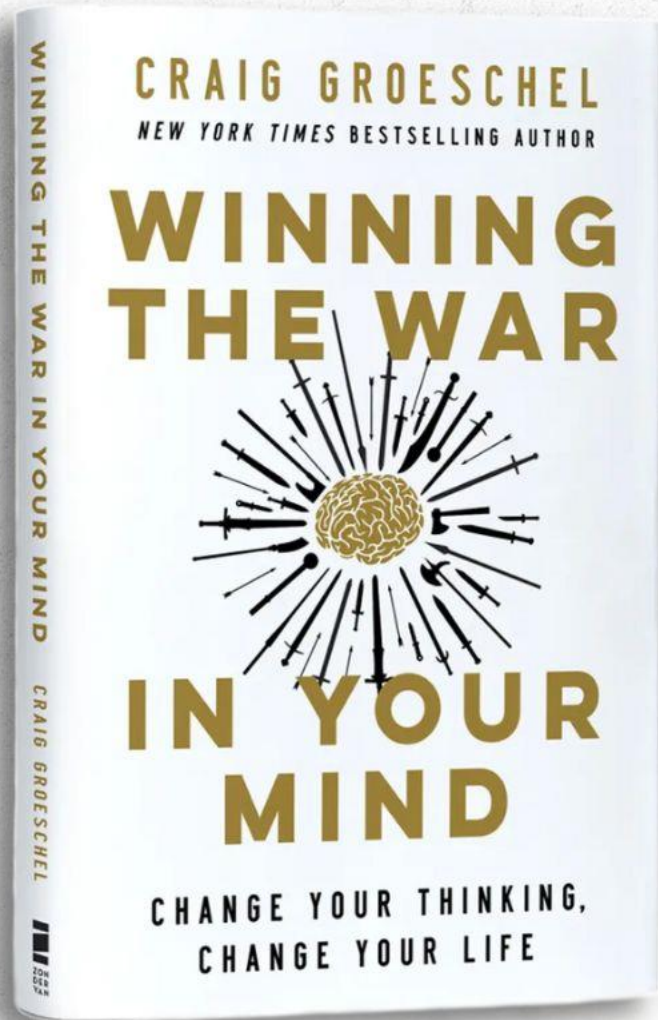
IN YOUR MIND

First Congregational Church

505 West Mulberry St.

Kokomo, IN 46901

kokomofirstcongo.org



4-WEEK SERIES

Based on Scripture & Craig Groeschel's teachings.

Let's learn what it means to take our thoughts captive & win the war in our minds.

SERIES REVIEW

1. **The Replacement Principle**

- a. We have divine power by the Word and Spirit of God to demolish strongholds and build up truth in our minds.
- b. 2 Corinthians 10:4-5 NIV

2 CORINTHIANS 10:4-5 NIV

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

SERIES REVIEW

2. The Rewire Principle

- a. In order to transform our minds must be renewed (rewired) with regular, habitual thought practices and prayer.
- b. Romans 12:2a NIV

ROMANS 12:2A

Do not conform to the pattern of this world, but be transformed by the renewing of your mind.

SERIES REVIEW

3. The Reframe Principle

- a. We can't always control what happens to us, but we can control how we frame it. Framing our lives can turn negative circumstances into positive thinking.
- b. Philippians 1:12-14 NIV

PHILIPPIANS 1:12-14 NIV

Now I want you to know, brothers and sisters, that what has happened to me has actually served to advance the gospel. As a result, it has become clear throughout the whole palace guard and to everyone else that I am in chains for Christ. And because of my chains, most of the brothers and sisters have become confident in the Lord and dare all the more to proclaim the gospel without fear.

THE REJOICE PRINCIPLE

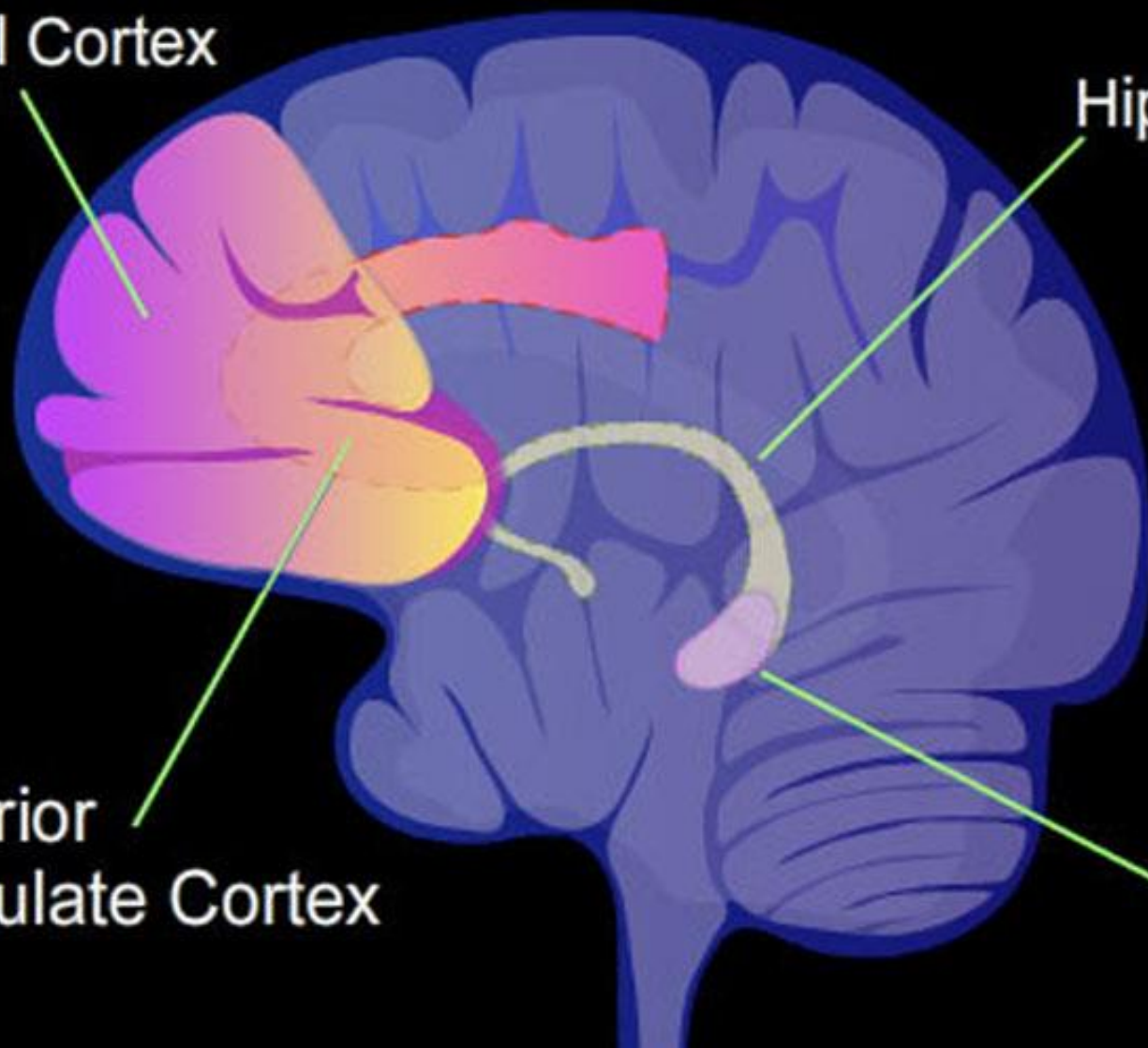
**PROBLEMS, PANIC
AND GOD'S PRESENCE**

Prefrontal Cortex

Hippocampus

Anterior
Cingulate Cortex

Amygdala





PHILIPPIANS 4:4-7 NIV

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. **The Lord is near.** Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

WE MUST REGULARLY RECOGNIZE:
THE LORD IS NEAR

1 KINGS 19:11-13 NIV

The Lord said, “Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by.”

Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake.

1 KINGS 19:11-13 NIV

After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a gentle whisper. When Elijah heard it, he pulled his cloak over his face and went out and stood at the mouth of the cave.

Then a voice said to him, “What are you doing here, Elijah?”

**WHEN WE GET FIXATED ON THE
PRESENCE OF OUR PROBLEMS**

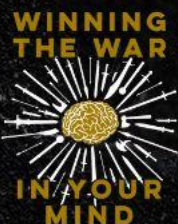
**WE LOSE FOCUS ON THE
PRESENCE OF OUR GOD**

1 PETER 5:7 NIV

Cast all your anxiety on him because
he cares for you.

**IF IT'S BIG ENOUGH TO WORRY
ABOUT THEN IT'S BIG ENOUGH TO
PRAY ABOUT**

**IF IT'S ON YOUR MIND, IT'S ON
GOD'S HEART.**



**THE PERSPECTIVE OF PRAISE:
LOOK THROUGH, NOT AT**

ACTS 16:23-26 NIV

After they had been severely flogged, they were thrown into prison, and the jailer was commanded to guard them carefully. When he received these orders, he put them in the inner cell and fastened their feet in the stocks.

ACTS 16:23-26 NIV

About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them. Suddenly there was such a violent earthquake that the foundations of the prison were shaken. At once all the prison doors flew open, and everyone's chains came loose.

**LOOK AT WHAT IS GOOD
EVEN IN THE MIDST OF TROUBLE**

PSALM 42:5 NIV

Why, my soul, are you downcast?
Why so disturbed within me?
Put your hope in God,
for I will yet praise him,
my Savior and my God.

PHILIPPIANS 4:8 NIV

Finally, brothers and sisters,
whatever is true, whatever is
noble, whatever is right,
whatever is pure, whatever is
lovely, whatever is admirable—if
anything is excellent or
praiseworthy—think about such
things.

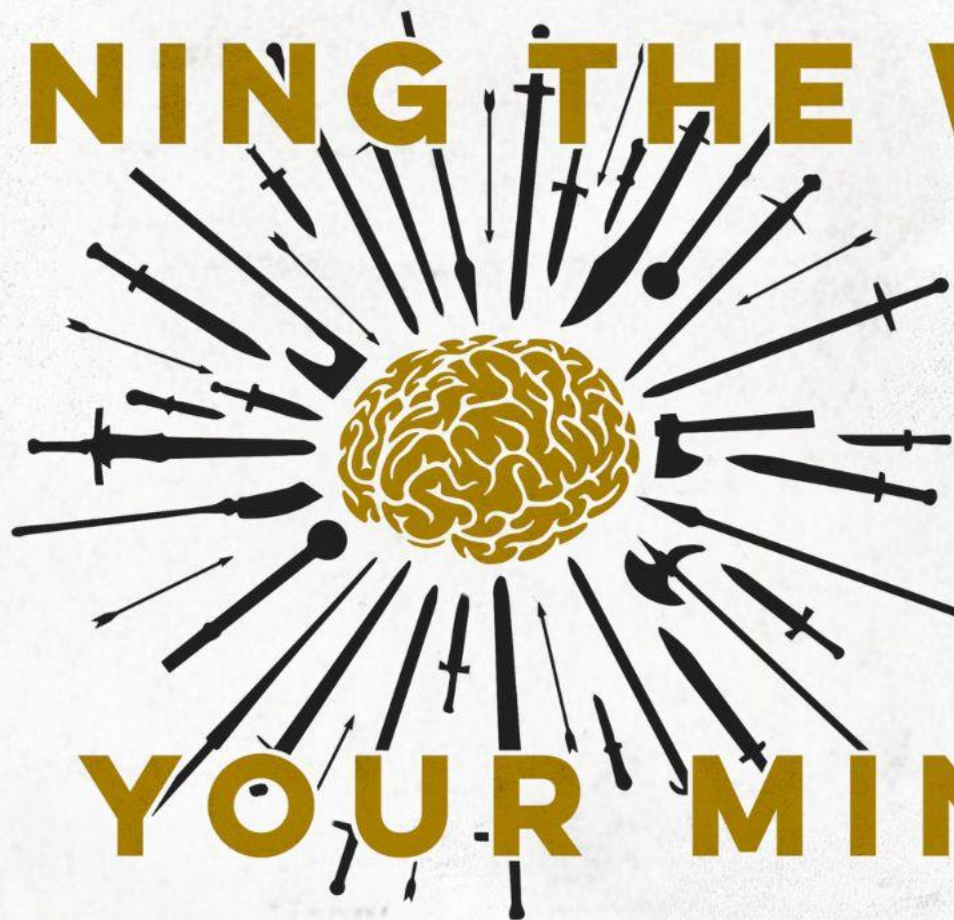
ACTIONS STEPS

- 1. Make an effort to quiet the chaos** in your life, so that you can hear the still, small whisper of God's presence in your life.
- 2. Present your requests** to God, big or small, if it's on your mind, it's on God's heart.
- 3. Look through** the momentary trouble, to realize God is using your life for good!

FINAL ENCOURAGEMENT

- 1. Don't grow weary!** The war for your mind is more than a 4-week series or season of life. The war for your mind is your whole life!
- 2. Don't let your guard down!** Satan will always be trying to convince you of lies. Be alert and be ready for the enemy's attacks.
- 3. Surrender to God & Experience Victory!**

WINNING THE WAR



IN YOUR MIND