



# PRESS ON

A LETTER FROM PAUL TO THE PHILIPPIANS

## The Perfect Example of Humility

Discussion Guide | Oct. 11th, 2020

Before you begin, please read Philippians 2:1-11

1. What about these verses sticks out to you about Jesus?
2. When talking about humility, why does Paul refer us to the example of Jesus?
3. What did Jesus set aside to become human? To become a servant?
4. Are there things in your life that you need to let go of to serve others?
5. Jesus chose humility and it led to his death. If you choose humility in your relationships with other people, are you ready to die to self? What does dying to self look like?
6. Read Philippians 2:3-4. How would you describe these verses in your own words?
7. Do you ever do “nice” or “right” things with selfish ambition or vain conceit?
8. What would it look like in your life if you always looked to the interest of others first?
9. Why is it important that Jesus is our standard for humility?
10. Read Philippians 2:9-11. What was the result of Jesus humbling Himself?
11. What will be the results in your life of you humbling yourself?
12. What is one take-away from this week’s passage? What can you do this week to grow in this area?
13. “Press On” Challenge: Memorize Philippians 2:5-8 “In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to His own advantage; rather He made Himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man , He humbles Himself by becoming obedient to death - even death on a cross!”