



Humility

Discussion Guide | May 31, 2020

Before you begin, please read Philippians 2:3-11

1. In your own experience, is the character trait of humility viewed more positively or negatively? Why?
2. One definition of humility says this: "Humility is not thinking less of yourself, it's thinking of yourself less." Explain what this means, in your own words. What's especially helpful for you, from this definition?
3. Imagine a world where humility didn't exist. What would relationships in that world look like?
4. In Philippians 2:3-4, Paul unpacks what it looks like to be humble. Using language straight from these two verses, make a list of all the ways Paul helps us understand what humility looks like.
5. Look at the list you created in the previous question. How do these things help relationships thrive?
6. What are practical ideas for how you can show humility in your relationships this week?
7. From Philippians 2:5-11, how is Jesus THE example of true humility?
8. Jesus isn't only our *example* of humility. Because of the gospel, Jesus changes our hearts so we can truly be humble – He *empowers* our own humility. Why is rooting our own humility in the gospel (what Jesus did for us on the cross, and the new life that offers) so essential?
9. Read the following passages from the Bible. How do they add to or reinforce what you've learned about humility so far?
 - Psalm 25:9
 - Proverbs 18:12
 - Isaiah 66:2
 - Mark 10:43-45
 - James 4:13-18
 - 1 Peter 5:5-6
10. Challenge – Memorize Philippians 2:3-4: 3 Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, 4 not looking to your own interests but each of you to the interests of the others.