



PRESS ON

A LETTER FROM PAUL TO THE PHILIPPIANS

The Peace of God

Discussion Guide | Nov. 15th, 2020

Before you begin, please read Philippians 4:1-9

1. Reflect on your life. If possible, share with your group the story of a difficult or uncertain time that God used to draw you closer to Himself.
2. How does this help you answer others who question why God allows suffering and difficulty?
3. Thinking about some of events of the apostle Paul's life (post-Christian), are you surprised that he still writes what he writes in this letter to the Philippians?
4. The peace of God is grounded in the truth of God. What 3 truths from the end of Phil. 3 does Paul allude back to in chapter 4:1?
5. Looking over this entire passage, what are some of the things the peace of God brings about?
6. Most Christians believe joy is more foundational and constant than happiness. How can this be? What allows us to keep ahold of our joy even in difficult and trying times?
7. What is the antidote to anxiety, worry, stress, & fear, according to verse 6?
8. Does this passage mean that God will say 'yes' to every one of our requests?
9. What *IS* promised in verse 7? Discuss what this might look like practically.
10. (Personal reflection) What are you most prone to worry and stress about currently? What is actually the fear beneath that fear? In other words, what is truly at the root of your worry? Fill in the blank here: "God, if you don't answer this prayer, I'm afraid that _____."
11. Jesus, on the cross, lost his Father's peace so that you and I, today, can experience His peace. Run to Jesus today and let Him be a steady and secure Rock for you. How will this take shape in your life this week?