



# PRESS ON

A LETTER FROM PAUL TO THE PHILIPPIANS

## Nothing Better

Discussion Guide | Nov. 1st, 2020

Before you begin, please read Philippians 3:1-11

1. Describe the first résumé you created. What things did you include on it when applying for jobs? How would it be different than a résumé you create today? (What additional experience or accomplishments would you list?)
2. In Philippians 3:3-6, Paul is listing his “résumé” before knowing Jesus. What is he trying to accomplish by doing this? What stands out to you about the things Paul includes?
3. Now read verses 7-8. In your own words, summarize what Paul is saying here.
4. In verse 9, Paul states how he is made right with God (that is, where his righteousness comes from). Using language straight from that verse, what is the source of Paul’s righteousness? Why is this such good news?
5. In this passage, we see Paul sharing how Jesus has drastically changed his value system – the things he had been pursuing couldn’t provide the deep, genuine satisfaction he found in knowing Jesus.
  - What other pursuits can distract you from the satisfaction we’re designed to find in Jesus?
  - What is it about knowing Jesus that offers this deep satisfaction Paul describes? Work as a group to identify at least 8 truths that highlight the “betterness” of Jesus – that nothing else can compare with the surpassing worth of knowing him.
6. Imagine someone followed you around for a week. What would they say you treasure most? Why?
7. What would it look like in your week (your family / friends / job / school) for you to live in a way that shows you treasure Jesus most?
8. Identify one take-away you’re leaving with, from your time studying and discussing this passage. What practical steps will you take this week to live in light of this?
9. **“Press On” Challenge** – Memorize Philippians 3:7-8a: “But whatever were gains to me I now consider loss for the sake of Christ. What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord...”