



God, an Ever-Present Help
July 21, 2024 | Psalm 46
Questions for Study and Group Discussion

*** Before you begin, please read Psalm 46*

1. In what ways does it feel to you like our world is being turned upside-down right now?
2. Observe how God is described in verse 1 and then define what each of those three descriptions mean.
3. Observe how the world is described in verses 2-3. What is your impression of the picture of the world that is given in those verses?
4. In verse 2, the psalmist declares that we will not fear. On what basis does the psalmist make this claim?
5. Compare the description of the city of God in verses 4-5 with the description of the world in verses 2-3. What is the difference between the two?
6. What are some of the works of the Lord described in the Bible in which God delivers His people from enemies?
7. Yet why do we often doubt what this psalm teaches us about God?
8. What are some of the things you have sometimes wrongly taken refuge in other than God?
9. In what ways can you specifically take refuge in God right now? Who do you know and trust that can help you do this?
10. In what way is Jesus the fulfillment of this psalm? How is He our refuge and strength, an ever-present help in trouble? (If time allows, you might find it helpful to read something like John 11.)
11. **Challenge: Memorize Psalm 46:1** – “God is our refuge and strength, an ever-present help in trouble.”