



**Your Words Have Power**  
Discussion Guide | May 24, 2020  
Before you begin, please read Ephesians 4:29

1. Share your joy (things that have gone well this week), junk (things that have not gone so well this week) and Jesus (how has your relationship with Jesus been this week).
2. How have you experienced a shift in the way you communicate in your relationships?
3. Has this positively or negatively affected your relationships?
4. Your words have power. How have you seen this to be true in your life?
5. Read **Proverbs 18:21**. Does this verse make you think differently about the words that come out of your mouth? How so?
6. Read **Ephesians 4:29**. Has there been someone in your life recently that you have given a rotten banana? Wife/Husband. Child. Friend. Co-worker.
7. When was the last time you spoke life into someone else?
8. Read **Luke 6:43-45**. Why is it important to know that your words are a reflection of your heart?
9. According to these verses how do you become a person that speaks good things?
10. **2 Corinthians 5:17** says, "If anyone is in Christ, he is a new creation. The old has passed away; behold the new has come." According to this verse who is in control of heart change?
11. This week, how are you going to be a person that speaks life into people rather than death?
12. Is there someone in your life that you need to say "I am sorry" too?
13. Challenge: Write a note or make a phone call or say an encouraging word that will build someone up in your life?