

## The Connected Life

### *When Social Media Steals Your Joy*

*“I have much more to say to you, but I don’t want to do it with paper and ink. For I hope to visit you soon and talk with you face to face. Then our joy will be complete.”* 2 John 1:12 NLT

*“In the beginning was the Word, and the Word was with God, and the Word was God. ... <sup>14</sup>The Word became flesh and made his dwelling among us. ... John 1:1,14 NIV*

**Your feed is full, but your soul feels empty.**

**We didn’t just hand them the problem; we modeled it for them.**

### **Goals for *The Connected Life***

- 1. Confront the habits that drain your peace and quietly destroy the relationships that matter most.**
- 2. Find practical tools to guard your families from the pull of digital distraction and destruction.**
- 3. Come out of shallow, screen-based connection and back into deep, life-giving, Christ-centered community.**

*They devoted themselves to the apostles’ teaching and to fellowship, to the breaking of bread and to prayer. <sup>43</sup>Everyone was filled with awe at the many wonders and signs performed by the apostles. <sup>44</sup>All the believers were together and had everything in common. <sup>45</sup>They sold property and possessions to give to anyone who had need. <sup>46</sup>Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and*

*sincere hearts, <sup>47</sup>praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved. Acts 2:42-47 NIV*

### **The Early Church ...**

- **Studied the Bible together.**
- **Shared meals together.**
- **Prayed together.**
- **Fellowshipped together.**
- **Worshiped God together.**
- **Served others together.**
- **Celebrated together.**

*All the believers were together ... Acts 2:44 NIV*

**You're reaching for something that fills the moment but can't fill your soul.**

### **To Do This Week**

- **Don't just text someone; call them.**
- **Don't just pray for someone; pray with them.**
- **Don't just say that you care; show up and be present.**

*"A new command I give you: Love one another. As I have loved you, so you must love one another. <sup>35</sup>By this everyone will know that you are my disciples, if you love one another." John 13:34-35 NIV*