

FIRM FOUNDATIONS

FOR LIVES OF FAITH



“For we know that the whole creation groans and labors with birth pangs together until now. Not only that, but we also who have the firstfruits of the Spirit, even we ourselves groan within ourselves, eagerly waiting for the adoption, the redemption of our body.”

Romans 8:22-23

Paradise



It's ALL Good

Genesis 1:4

1:10

1:12

1:18

1:21

1:25

1:31 – *very* Good

**GOD
SPOKE**

“And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being.”

Genesis 2:7

A coastal scene at sunset. On the left, a white, two-story house with a dark roof sits on wooden stilts atop a rocky shore. The house has several windows and a chimney. The foreground is a sandy beach with shallow water reflecting the sunset. The sky is filled with dark, dramatic clouds, and a bright orange and yellow glow from the setting sun is visible on the horizon over the ocean. The title "The Fall" is centered in the middle of the image in a large, white, sans-serif font.

The Fall

**“And I will put enmity
Between you and the woman,
And between your seed and her Seed;
He shall bruise your head,
And you shall bruise His heel.”**

Genesis 3:15

A coastal scene at sunset. On the left, a white, two-story house with a dark roof sits on wooden stilts atop a rocky cliff. The house has several windows and a chimney. The foreground is a sandy beach with wet sand reflecting the sunset. The ocean is visible in the distance, with waves breaking. The sky is filled with dark, dramatic clouds, and a bright orange and yellow glow from the setting sun is visible on the horizon. The text "God's Promises" is overlaid in a large, white, sans-serif font in the center of the image.

God's Promises

**“I establish My covenant with you
(Noah): Never again shall all flesh be cut
off by the waters of the flood; never
again shall there be a flood to destroy
the earth.”**

Genesis 9:11

**“I will make you (Abram) a *great nation*;
I will bless you
And make your *name great*;
And you shall be a *blessing*.
I will bless those who bless you,
And I will curse him who curses you;
And *in you* all the families of the
earth shall be blessed.”**

Genesis 12:2-3

“And he believed in the LORD, and He accounted it to him for righteousness. Then He said to him, ‘I am the LORD, who brought you out of Ur of the Chaldeans, to give you this land to inherit it.’ And he said, ‘Lord GOD, how shall I know that I will inherit it?’

Genesis 15:6-8

“And it came to pass, when the sun went down and it was dark, that behold, there appeared a smoking oven and a burning torch that passed between those pieces. On the same day the LORD made a covenant with Abram, saying: ‘To your descendants I have given this land, from the river of Egypt to the great river, the River Euphrates’”

Genesis 15:17-18

“When Abram was ninety-nine years old, the LORD appeared to Abram and said to him, ‘I am Almighty God; walk before Me and be blameless. And I will make My covenant between Me and you, and will multiply you exceedingly.’ Then Abram fell on his face, and God talked with him, saying: ‘As for Me, behold, My covenant is with you, and you shall be a father of many nations.’”

Genesis 17:1-4

**“Then He said, ‘Take now your son,
your only son Isaac, whom you love,
and go to the land of Moriah, and
offer him there as a burnt offering
on one of the mountains of which I
shall tell you.’”**

Genesis 22:2

“So he said to his servants, ‘You two stay here with the donkey while the boy and I go up there. We will worship and then return to you.’”

Genesis 22:5

“Stay in this land. Then I will be with you (Isaac) and will bless you, for I will give all these lands to you and to your descendants, and I will fulfill the solemn promise I made to your father Abraham. I will multiply your descendants so they will be as numerous as the stars in the sky, and I will give them all these lands.”

**“All the nations of the earth will
pronounce blessings on one another
using the name of your descendants.**

**All this will come to pass because
Abraham obeyed me and kept my
charge, my commandments, my
statutes, and my laws.”**

Genesis 26:3-5

“The man asked him, ‘What is your name?’ He answered, ‘Jacob.’ ‘No longer will your name be Jacob,” the man told him, “but Israel, because you have fought with God and with men and have prevailed.””

Genesis 32:27-28

“Then God said to Jacob, ‘Go up at once to Bethel and live there. Make an altar there to God, who appeared to you when you fled from your brother Esau.’ So Jacob told his household and all who were with him, ‘Get rid of the foreign gods you have among you. Purify yourselves and change your clothes.’”

Genesis 35:1-2

“Then Joseph said to his brothers, ‘I am about to die. But God will surely come to you and lead you up from this land to the land he swore on oath to give to Abraham, Isaac, and Jacob’ Joseph made the sons of Israel swear an oath. He said, ‘God will surely come to you. Then you must carry my bones up from this place.’”

Genesis 50:24-25

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