

PSALMS 1

Blessed is the man (person)
that walketh not in the
counsel of the ungodly, nor
standeth in the way of
sinners, nor sitteth in the
seat of the scornful.

² But <u>his delight is in the</u> <u>law of the Lord;</u> and in his law doth <u>he meditate day</u> and night.

PSALMS 1

And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.

⁴ The ungodly are not so: but are like the chaff which the wind driveth away.

PSALMS 1 KJV

5 Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous.

⁶ For the Lord knoweth the way of the righteous: but the way of the ungodly shall perish.

The Blessed Person is Cl Discerning Person

THE PROGRESSIVE NATURE OF COMPROMISE

"Watch your thoughts, they become your words;

watch your words, they become your actions;

watch your actions, they become your habits;

watch your habits, they become your character;

watch your character, it becomes your destiny."

— Lao Tzu

The Blessed Person is d Contemplative Person

PRACTICES FOR MEDITATION

Memorizing Scripture

Ponder the Scripture

Become Emotionally Attached

Sit in Stillness

Shift from Meditation to Application