

Note: The online version of the Sermon Notes and Study Guide may be found at:
<https://notes.subsplash.com/fill-in/view?page=UoXx9AC-74>

:: Summary

In election, God chooses people for salvation on the basis of his sovereign pleasure and will, not our merit or worthiness. In eternity past, you were known to God and chosen by God and your eternal election is for your eternal glory – to be holy and blameless. God also determined to give you full rights and privileges as his adopted son or daughter because it was his good pleasure to do so. All praise and thanksgiving be given to him!

:: Share

Describe a time you participated in a sport or other activity where players were chosen for teams. What was it like for you?

:: Explore and Discuss | Ephesians 1:3-6

Read Ephesians 1:3-6. God doesn't just come to know us when we are born. God knows us from eternity past. As a believer, how does the knowledge that God knew and chose you before he created the world affect you?

You were chosen *to be* holy and blameless in his sight, that is, your union with Christ results in your guilt and shame being removed and you are supplied with the Christ's righteousness. Honest assessment: how is it going for you in living a holy and blameless life?

In verse 5, the Bible declares God determined in advance (predestined) to adopt us through his Son Jesus Christ. What blessings result from your status as a child of God?

:: Apply it to Your Life

According to verse 6, God's blessings are graciously and freely given. God loved you and chose you not because of any merit on your part. How does it feel and what spiritual impact does it have to know you are a child of God as a result of his good pleasure and will alone?

Verses 3-14 are an expression of praise and worship. If you believe and take the truths contained in verses 4-5 to heart, how should it affect your worship on Sundays and throughout the week?

:: Pray

Heavenly Father, thank you that in the most personal way possible, you have acted to adopt me as your child through your Son Jesus Christ. Thank you that because of his



sacrificial love, my blame and guilt have been forever erased and replaced with his holiness. I praise you that it has been your good pleasure and will to do so. I am eternally blessed in Jesus!

