

*Note: The online version of the Sermon Notes and Study Guide may be found at:
<https://notes.subsplash.com/fill-in/view?page=qd5hmo2713H>*

:: Summary

No matter the upheaval – plague (Martin Luther), the fall of an empire (Augustine), persecution and martyrdom (Dietrich Bonhoeffer) – Christians of unshakable faith live out the truth that God is with us. They do so by knowing that until Almighty God restores this world, it will continue to shake; keeping steady in this world by setting their vision on the next; living with the conviction that God’s truth prevails and his promises will come to pass; and thinking eternally, not momentarily. In your life, remember God is with *you* in your upheaval.

:: Share

Describe an upheaval you have gone through – maybe the first real shaking you ever experienced, or one in which you learned and grew the most, or the one that has been the greatest challenge to your faith.

:: Explore and Discuss | Read Psalm 46

In Christian community we encourage one another by sharing how we are learning or growing in faith. What spiritual practices or truths have helped you to navigate through times of upheaval?

How do you try to keep your vision on the world to come? How has this helped you in times of trouble?

How will God ultimately be exalted among the nations and on the earth?

:: Apply it to Your Life

The declarations found in verses 1 and 7 (repeated in v. 11) are used by the Psalmist to strengthen hope and assurance. The practice of anchoring verses in your soul that you can rely on in times of adversity can be extremely powerful. Do you have a Scripture verse(s) that serves as your refrain in times of trouble?

Is there anything that is causing you fear and anxiety in these days? In light of Psalm 46, how do you need God to meet you right now?



:: Pray

Thank you Heavenly Father, that you are our refuge and strength. Thank you for your truth and promises to us. We confess that sometimes, even knowing the truth that you are with us, we nevertheless experience fear and doubt. Would you meet us in those times too that we might grow into people of unshakable faith who join the chorus of saints proclaiming, "The Lord Almighty is with us, the God of Jacob is our fortress."

