



# LESSON 1

## *The Model*



“Give us *this day* our DAILY bread  
and FORGIVE us *our* debts,  
as we FORGIVE our *debtors*.”

Matthew 6:11-12

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### The Model (The Lord's Prayer) - Matthew 6:9-13

*A prayer that the Lord told us to pray and modeled Himself*

From a very young age, my mom began teaching me to pray. Before meals, it was, "God is great, God is good, let us thank Him for our food." At bedtime, it was, "Now I lay me down to sleep, I pray the Lord my soul to keep. If I should die before I wake, I pray the Lord, my soul to take." She taught me to add prayers for my family: God bless mommy, God bless daddy, etc. Later, I was put into a catechism class, where I had to commit to memory The Lord's Prayer.

I had yet to learn what was meant by any of these prayers. I learned only to say the words. As I got older, I had a limited understanding that God is real and we were to be thankful to God, so the prayers continued but became more natural. Then fast forward to my late teens when I heard the Good News and gave my life to Jesus! All the prayers (better yet, all of the Christmas songs!) had meaning to me. The truth of my life was: "I was blind, but now I see."

I can look back and see it was wise for my mom to train me in the ways of the Lord before I could even understand what any of it meant. I encourage you Moms, Grandmothers, and Aunties (real or honorary) to begin training your children and grandchildren in prayer, Bible reading, and service to God.

The disciples' fathers would have taught them to pray from a very young age, too. As they got to know the Lord, they saw how He prayed and asked Him to teach them to pray. The Lord's Prayer is better described as the Model Prayer. Jesus gives this prayer as a pattern we can follow. Jesus is teaching His disciples and us how to pray. May we end this study in a closer relationship with the Lord than when we started? Amen.

#### Matthew 6:9-13

<sup>9</sup> *In this manner, therefore, pray: Our Father in heaven, Hallowed be Your name.*

<sup>10</sup> *Your kingdom come. Your will be done on earth as it is in heaven.*

<sup>11</sup> *Give us this day our daily bread.*

<sup>12</sup> *And forgive us our debts, as we forgive our debtors.*

<sup>13</sup> *And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.*

1. In verse 9, who does Jesus address?
2. Where is the Father?
3. What is the definition of **hallowed**?
4. In verses 9 and 10, our prayer begins with our focus on God, who He is, His will, and His kingdom. What are the two requests asked of our heavenly Father?

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5. Next comes the only physical request in the entire prayer: Verse 11, Give us this day our \_\_\_\_\_

6. Who forgives our debts? What should we be doing?

7. Define **temptation**.

8. In verse 13, who or what do we want God to deliver us from?

9. The model prayer ends with its focus back on the bigness of God. What belongs to God and God alone? *The \_\_\_\_\_, the \_\_\_\_\_ and the \_\_\_\_\_ forever.*

10. How does Jesus end the prayer? What is the meaning of the word?

Notice the prayer sandwich: Praise, requests, Praise.

*"Your Kingdom come, Your will be done on earth as it is in heaven"* (Matthew 6:10).

Jesus is the King of kings. He has a kingdom. It is not of this world. This kingdom is also called the kingdom of heaven and the kingdom of God. Jesus went to heaven to prepare a place for us so that where He is, we will be also. In the meantime, we are here living in this fallen world, which is not a part of the kingdom of God, so that we could be His ambassadors (2 Corinthians 5:20).

As ambassadors, we promote God's kingdom by living a godly life that reflects God's love and His will and by telling others about the good news of Jesus. This allows them to confess their sins and ask God for forgiveness. God grants them forgiveness, and the Bible says that at that point, we pass from the power of darkness into the kingdom of the Son of His love (Colossians 1:13). The church represents God's kingdom on earth. The kingdom of God is the place where God rules and reigns. If Jesus is ruling in my heart, then "the kingdom of God is within" me (Luke 17:21).

**Your Kingdom Come.** The passion in the heart of the Christian is to see God's kingdom come. We will not always live in a sinful world ruled by Satan. When God's kingdom comes...*"Then comes the end, when He delivers the kingdom to God the Father when He puts an end to all rule and all authority and power. For He must reign till He has put all enemies under His feet. The last enemy that will be destroyed is death"* (1 Corinthians 15:24-26). What else does it mean to have God's kingdom come? *"Death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away"* (Revelation 21:4 ESV)



IN SEASON

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2 Peter 3:11-12a *“Therefore, since all these things will be dissolved, what manner of persons ought you to be in holy conduct and godliness, looking for and hastening the coming of the day of God?”*

Our Father. When asked, “Who is in your immediate family?” we can truthfully say that God is at the top of the list! The Christian has been adopted into the family of God. We are now His daughters! No matter what we think of our earthly father, God is our heavenly Father and is perfect, full of compassion and love, desiring the best for us to accomplish His will through us.

11. Write out Romans 8:15-17. *“For you did not receive the spirit of \_\_\_\_\_ again to \_\_\_\_\_, but you received the Spirit of \_\_\_\_\_ by whom we cry out, ‘Abba, \_\_\_\_\_.’ The Spirit Himself bears witness with our spirit that we are \_\_\_\_\_.”*

**Hallowed be Your Name.** God’s name is Holy. Philippians 2:9-11 *“Therefore God also has highly exalted Him and given Him the name which is above every name, that at the name of Jesus, every knee should bow, of those in heaven, and of those on earth, and of those under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.”*

Exodus 20:7 *“You shall not take the name of the LORD your God in vain, for the LORD will not hold him guiltless who takes His name in vain.”*

12. What does it mean that God’s name is Holy? How do you hallow His Name?

*“Your kingdom come. Your will be done on earth as it is in heaven.”*

13. What is the kingdom of God?

14. How can God’s will be done on earth?

15. How does the role of ambassador affect the way you live?

**Our daily bread.** It is okay and good to ask for our physical needs.

16. What do Matthew 6:31 and 33 say about our physical needs?

In verse 12, our focus is on forgiveness. Forgiveness for our sins encourages us to forgive others for how they have wronged us. The number one reason for not calling this “the Lord’s prayer” but rather “the model prayer” is because Jesus would never need to ask for forgiveness.

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17. Write out Matthew 6:14 and 15 to see an important connection between forgiveness and unforgiveness.

**Do not lead us not into temptation, but deliver us from the evil one.** We never intentionally want to be tempted nor be in a time of testing. We must do our best to avoid anything that tempts us, but if we find ourselves in a time or place of temptation, we should ask God for deliverance.

18. Look at 1 Corinthians 10:13 What won't God allow? What does God make for us?

19. Read Hebrews 2:18 and Hebrews 4:15. Why can Jesus help those who are tempted?

20. Read James 1:13. What does this verse tell us about God and temptation?

21. Read James 1:14. What is the real source of our temptation?

We ask God to deliver us from the evil one. He, in turn, has given us things we can do that help.

22. Read the following verses and fill in the ways we can keep from the evil one.

- Romans 12:21 *"Do not be overcome by evil but overcome evil with \_\_\_\_\_."*
- Ephesians 4:26-27 *"Be angry, and do not sin: do not let the sun go down on your wrath, \_\_\_\_\_ to the devil."*
- Ephesians 6:11 *"Put on the whole \_\_\_\_\_, that you may be able to stand against the wiles of the devil."*
- James 4:7 *"Therefore \_\_\_\_\_ to God. \_\_\_\_\_ the devil, and he will flee from you."*
- 1 Peter 5:8 *"Be \_\_\_\_\_, be \_\_\_\_\_; because your adversary the devil walks about like a roaring lion, seeking whom he may devour."*

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23. Reviewing the Model Prayer, we must ask ourselves some questions.

- Do I have a relationship with the Father?
- Do I understand how holy the name of God is, and am I treating His name with respect, not using it as common vocabulary?
- Am I telling others about God's kingdom?
- Do I seek God's will rather than my own in my prayers?
- Do I ask God for all of my physical needs rather than try to "handle" them myself?
- Do I regularly confess my sins to God and ask for forgiveness?
- Have I forgiven everyone I need to?
- Do I ask God to protect me from the evil one?
- Do I avoid positions, circumstances, or places that I know will tempt me?
- Am I living as God has told me to live?
- Do I trust that the One who leads the kingdom, the One with all of the power, can answer my prayers however He sees fit, and can I be okay with the answer?
- Do I give all of the glory to God?

24. Underline the questions, if any, that you answered with "no." Whenever God reveals an issue to us, it is because of His love for us. He is not a God of condemnation but a God of mercy. I always start by praying and asking for the Holy Spirit's help to overcome.

25. After praying through the underlined questions, what will you do about it/them? Are there any changes in your life that you need to make?

*"Our Father in heaven, Hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen."*

