

And now, dear brothers and sisters,
one final thing. Fix your **THOUGHTS** on
what is **TRUE**, and **HONORABLE**, and
RIGHT, and **PURE**, and **LOVELY**, and
ADMIRABLE. Think about things that
are **EXCELLENT** and **WORTHY OF PRAISE**.
Keep putting into practice all you
learned and **RECEIVED FROM ME** -
everything you **HEARD FROM ME AND**
SAW ME DOING. Then the **GOD OF PEACE**
will be with you.

PHILIPPIANS 4:8-9

Week 2

Day 6

Gratitude is recognizing and acknowledging good things that happen in our lives. It's also one of the most powerful weapons we have to guard our peace and combat discontent, depression, bitterness, and despair. When we look at life with gratitude and appreciation for all God is doing, He promises His peace and joy will be with us. Even in our hardest times, there is always something to be grateful for! The news would have us believe that there is nothing true or admirable in the world today. Family of God, that is a lie from the pit of Hell. If the news is destroying your peace and making you doubt the faithfulness of God, turn it off. Fix your eyes on everything true, honorable, right, pure, lovely, and admirable that God has put in your back yard. Give thanks, and let His peace be with you.

Prayer

Jesus, thank You for being the giver of all good things. Forgive us for the tendency to look past Your goodness and instead dwell on the negative things of this world. Help us to build a kingdom vision to see excellent and praiseworthy things in every aspect of our lives. Let our speech be pure and lovely as we give You all praise & glory.

Call to Action

Right now, look around and thank God for three things you see, two things you hear, and one thing you can touch. Think about your current trials and find at least two praiseworthy things, even amid the struggle. Consider starting a gratitude journal, writing a note of thanks to someone important to you, or even committing to a 30-day gratitude challenge on your social media.

