





Humble
YOURSELVES, THEREFORE, UNDER
GOD'S MIGHTY HAND, THAT HE MAY
LIFT YOU UP  IN DUE TIME.

• CAST •
 *all* 
YOUR ANXIETY 
UPON HIM
BECAUSE HE CARES
 *for you*

1 PETER 5:6-7

Sometimes our pride deceives us in thinking we can walk this life in our own strength. We may be able to press on for a time, but in the end we break. That's okay because as hard as it may sound we are not the heroes of our own stories, Jesus is. We were designed to be reliant on our creator. That takes humility to admit sometimes. In our desperate search for peace we must be reminded of the one who is known as the Prince of Peace.

God is all knowing therefore He understands us. He desires for us to meet with Him in all of our accounts and give our burdens to Him. Some good practices we can apply to our daily life is to sit in His presence, repent of our shortcomings, and release our worries to Him. As we do this we shift our perspective which gives us the ability to receive His abundant peace. When we experience His peace we realize that our anxieties are not for us to bear.

PRAYER

Jesus, You are our comfort. Thank You for Your unwavering love for us all. We repent of our pride and selfish ways and ask You to remind us of Your presence that brings us overwhelming peace. Give us clean hands to face the challenges to come, and help us cling to You in the storms of life. Thank You, Father. Amen.

CALL TO ACTION

Right now, with your eyes closed, sit with Jesus and feel His nearness. Tell Him what consumes your thoughts and ask Him to take away your burdens. Now, walk in understanding that the Lord cares for you greatly and desires to be the hero of your story.