

Be anxious for nothing, but in everything
by prayer and supplication, with thanksgiving,
let your requests be made known to God;

and
the

**PEACE
OF GOD**

which surpasses all understanding, will guard
your hearts and minds through

Christ Jesus.

Philippians 4:6-7

If anyone had reasons to be anxious it was the Apostle Paul, who penned those words. He goes on to encourage us in verses 8 and 9, *“Finally brethren, whatever things are true, whoever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy -- meditate on these things. The things which you learned and received and heard and saw in me do, and the God of peace will be with you.”*

The Lord revealed to Paul and us ahead of time the things we may suffer as His chosen vessels for His name’s sake. (Acts 9:16) Jesus tells us, *“In the world you will have tribulation; but be of good cheer, I have overcome the world.”* (John 16:33). There are a lot of things that can disrupt our peace: the state of our world today, regrets from the past, difficult relationships, disappointments, fear of the future, etc., but thankfully His peace is not of this world, so we must not let the world, the flesh or the devil rob us of it. Jesus IS our peace. No God, no peace. Know God, know peace!

PRAYER

Jesus, thank You for loving us and empowering us by Your Spirit to know, love, and trust You.

CALL TO ACTION

Sit quietly before the Lord and ask Him to reveal if you have been looking elsewhere for peace. If necessary, confess, repent and ask for a fresh filling of His Holy Spirit. Then be ready to share with someone who may need the peace of God today. And remember, *“You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You.”* (Isaiah 26:3)