

Ruth 3:1-13 Rootwork

Risky Obedience at the Threshing Floor

1. (Everyday) Before you begin your study time - spend time in prayer! Go through your “yesterday” and ask the Lord to reveal your heart! Prepare your heart and surrender your will to the Spirit of God! Allow Him to have full access by not withholding anything He wants to do in and then do through you!! Make a conscious effort to bow your will and your obedience to the Lord before you even dive in! This prepares your heart to hear and to heed everything He speaks to you!
2. (Everyday) Then spend time in adoration and worship after you have cleansed your heart and before you dive into the scriptures!! Proclaiming who God is and adoring Him lifts our eyes up and keeps our focus on what really matters...putting God in His rightful place and putting us in ours! Remember, the enemy is going to try to keep you from being in the Word, he hates when we worship our God- Worship breaks his bondages over believers, so resist him and he will flee!!
3. If you were at the “Digging Deeper Workshop” and you would like to structure these scriptures, Copy and paste Ruth 3 into a word/pages document or write it out verse by verse, following the structuring handouts you received! If you were not there and want to watch it, search “Digging Deeper” on our website or app and watch it for tools to help you in your study time!
14. (Everyday) After you finish your rootwork every day, be sure to spend time in prayer (ACTS) going through what you have learned and received from the Word of God! This is also in your “Digging Deeper” handout!
5. Review what happened in chapter 2 and observe where we left off. What was Ruth doing and can you see any indication of how long she was doing it?
6. Read Ruth 3:1-13, if you have another section theme, write it out!
7. Read Ruth 3:1-13 again, use your Blue Letter Bible app to look up any words that you want further insight on or want deeper meanings to! This is where the beauty of the hidden treasures in God’s Word come to life! You get to see things in a new and in a more full light!
8. Look at verse 1, we are once again going to put ourselves right into the sandals of Ruth, imagine yourself in her situation and imagine all of the human tendencies that she might be feeling as Naomi unravels this plan that she received from the law of Deuteronomy 25! Remember these laws are not familiar to her, this lifestyle is not familiar to her...what do you think she is thinking and feeling as she listens to her mother-in- law?

9. Read verse 1 again, what is Naomi saying here? Did you look up “Security”? If not, do that now! What is Naomi’s concern for herself and her daughter-in-law?

10. In Bible study we discussed the 4 areas where we (especially as women) either consciously or subconsciously crave in the deepest part of our hearts! What were those 4 things?

11. As you think on these 4 areas of deepest need! Look at each one individually. Where have you personally been seeking for this to be filled in your life?

1. Where are you looking for protection?

2. Where are you craving Provision?

3. Where are you seeking security?

4. And to whom are you looking to give you your identity?

12. Be honest with yourself and be honest with the Lord. Allow Him to show you who He is and that He is trustworthy and faithful to fulfill every single area of need, He is the reason they are in the first place!!

13. Look up every verse you can find on God being your protection and write them out!

14. Look up every verse you can find on God being your provision and write them out!

15. Look up every verse you can find on God being your security and write them out!

16. Look up every verse you can find on God giving you a new identity, new purpose and new name! Then write those out!

17. Don’t forget to record these attributes in your Who Is God journal! There are so many and I know this will take time but it will be a wonderful resource for you to run to when you are insecure and walking in the flesh! It will be a wonderful anchor to teach yourself truth when you may not feel it! Let the Lord wash you with His Word and fill your mind with His wisdom and knowledge, so you trust in the only One who is immovable and unshakable!! He is so trustworthy!!

18. Then take a few minutes to praise and glorify Him for how He is our all encompassing I AM!! What beauty and safety we have in Him!!

19. Look at the name of God “El Shaddai” and record what you find! Add this name to your journal! Then look up Psalm 91:2 and look up the words “refuge”, “fortress”, and “trust” then record their meanings! What a beautiful reminder we can cling to!

20. Read Ruth 3:2, what is Naomi saying here? Look up “winnows” if you have not already!

21. Read verse 3, Ruth is told to go to Boaz at the Threshing floor, there is so much practical and biblical wisdom we can learn from these! What is the threshing floor used for? What happens with the winnowing fork?

22. We discussed in our study that the very thing Boaz is doing practically, God is doing spiritually!! God is using the winnowing fork in the heart of Ruth separating her past from her future, separating what was and what will be...and in so doing He is giving her a new security, new protection, new provision, and new identity! Take a minute and write out how God is creating in Ruth a new foundation in Him, both practically and spiritually!

23. Isn't that just what God does with us.. If we let Him? This process is the most excitingly scary process that the Lord brings us through!! Sanctification in the most tangible way! The sifting and separating!! Now, take some time to think about your own threshing floor with the Lord. When was the very first time you sensed the Lord separating the old from the new, the past from the future, the what was and what will be?

24. Then take some time to write that out, try to remember all the details, the excitement, the fear, the longing, and the knowing that there is something God is doing, something that is way bigger than you can understand, but you know it is Him who is doing the work!

25. Now do the same exact thing for the most recent time you have spent on the threshing floor, you may be there right this second and that is amazing! Allow God to separate what He wants to separate in your heart so that He can pick up all the pieces that will bring Him the most glory!

26. Keep in mind that the threshing floor is not something to avoid but something to embrace! This is where God prepares His vessels for honor and sanctification! Sanctification is His primary work in our hearts! Allow Him to sift and separate, allow the crushing to destroy anything in you that is not useful to our Lord!! I guarantee you will never regret time spent on the threshing floor! I have found personally that the threshing floor is a place I never want to leave!!

27. Look up the following verses on sanctification, there is much much more so if you have time, do a deep dive on sanctification and see the beauty and the hope the Lord has given through this process! Read each in context and record your thoughts!

1. Acts 26:10-20

2. 2 Timothy 2:21

3. 1 Thessalonians 5:23

28. Now let's look at what Naomi is telling Ruth to do! Unlike what some people think, Naomi is not being manipulative here and taking matters into her own hands. She is actually inspired by the law that God has given in the Old Testament! Read Deuteronomy 25:5-10 and record what you see about the law of a kinsman redeemer!

29. There are 8 different commands that Naomi gives Ruth in verse 3 and 4, write out each one! (The recording is on our app, our website, youtube, or facebook if you need a refresher)

30. We discussed in our study that we can glean some practical wisdom from Naomi, and we can glean some Biblical wisdom as well! Next to each command write the practical wisdom and Biblical wisdom we received from her!

31. Which ones challenged you the most? Why?

32. We spent some time talking about how knowing what to say is just as important as knowing when to say it! Timing on how you approach someone is vital, being sensitive to the Spirit of God is so necessary when we need to have a serious conversation! However, that can not be an excuse to not have the conversation with them at all! Think about this, do you struggle with this? Either speaking without waiting on God, or waiting so long for "God" that you never speak...aka avoiding conflict in the name of wisdom 🙄

🙄 ! Write out your thoughts on this, what is the Lord wanting to do in your heart here?

*Reminder, the threshing floor is a good place to be!!

33. Read verse 4, the last two commands here are a little different, definitely not something we see in our culture! What does she tell her to do?

34. Why feet? I shared with you all some information I found on jerusalemgold.org that gave us some insight to ancient Jewish culture and customs Biblically to help us understand the significance of this! Review below and record your thoughts:

1. "The Bible attributes profound significance to feet - using feet as symbols of humility, service, spiritual cleansing, the journey of faith, the proclamation of the Gospel, submission, reverence, dominion, authority, and anointing.

2. Because a contractual sign of redeeming a person in the Hebrew Scriptures was taking off one's sandal and giving it to the other. (Ruth 4.8)

3. Because when Yeshua gave His early Passover (Pesach), He did a strange thing. In the Passover there is only a section to wash our hands (called Rachtzah). But when Yeshua got to this point, He instead washed the disciples' feet! This was because He was showing them that He was redeeming the lost, making them His Beloved, making them holy and seeing them as future citizens of Heaven; all that "feet"

represent in the Old Testament/Tanakh. That is why Peter/ Kefa, as a Jew, said “Do not wash my feet” meaning: “Don’t treat me as heavenly because I’m not.” It is why Peter/ Kefa said, “Then wash my hands as well” ie: do what you SHOULD do in this part of the Passover. And it is why Yeshua said “Unless I wash your feet you have no part in Me” i.e.: “Unless I redeem you from your 'lostness', unless I make you holy and unless I see you as a citizen of heaven, you have no part in Me.” No wonder He said to Peter/ Kefa, 8"“You do not realize now what I am doing, but later you will understand.” (John 13.7)

4. All this Jewish Hebraic symbolism from the Old Testament adds new meaning to the New Testament phrase: “Feet fitted with the readiness that comes from the gospel of peace”. This is what the LORD Jesus/Yeshua means when He says, “Wash one another’s feet.” (John 13.14)

5. He is saying as a Jew, "I am redeeming you from your 'lostness', I am treating you with honour, you are, through Me, becoming my family, I am treating you as a citizen of heaven, I am treating you as holy". This is because of what "feet" mean, when He shows us through His prophetic and Hebraic mind, through the Holy Spirit” (Jerusalemofgold.org)

35. The last command shows the role of a servant, one of humility and trust! To lay at their masters feet and be ready for any command! Submission and humility go hand in hand! When done right it is the most respectful and loving thing to do! Do you struggle personally with submission?

36. What examples have you seen in your life of submission? How has the world and our culture possibly painted a skewed view of submission? Write out any questions you might have for Rootwork night so we can cover any misconceptions or clarifications you might need!

37. Read verses 5-6, what does Ruth do?

38. Read Romans 12:1, what is this verse saying? Look up any words that can give you further insight! How do you practically live out this verse personally? Take some time to sit with the Lord on this, read the verses before this and after to get more information in context! What do you find? How does this challenge you? How does this encourage you in your walk with the Lord?

39. Read verse 7, what happens here? Some think that Ruth is trying to seduce Boaz here, but that Could not be further from the truth! She is actually doing the opposite and approaching him in complete humility and respect! We see her uncovering the feet of Boaz and in so doing (v.9) covering herself..asking Boaz. “Will you cover me?, Will you take me as your own?”

40. Read Ezekiel 16:8 in context and look at the language the Lord uses here. What do you see?

41. Read verses 8-9, what happens here?

42. Look up the word “covering” if you have not done so already. What better imagery does this give? Compare this to Ruth 2:1, what is this signifying? Isn't this a beautiful example of the order that God has placed for us? Find refuge Under the wings of the Lord, then under the wings of your husband, then your children finding refuge under your wings! God's ways are always, always best! Has this been the priority in your own life? God first, husband second and children third? Has that been something you struggle with? Take time in prayer and ask the Lord to reveal, and then to give guidance on how you can practically get things back in order!

43. Then read Psalm 91:4 especially in the NLT version, it gives a full picture! Spend time thanking the Lord for what He does, for how He covers you and how He protects you!

44. Read verse 10, what does Boaz say to her? What was her first kindness and what is the second?

45. What does he see in Ruth that is kind? Look up the word “kindness” and record what you find!

46. Read Matt. 1:5, what other details can we know here about Boaz and what does this tell you about his heart towards Ruth?

47. Read verse 11, what does Boaz say to Ruth here? Compare this verse to Ruth 2:1! How do they parallel?

48. Read verse 12, what does he say here? Can you imagine. Being Ruth here? What would you be thinking? Feeling? What kind of fears you have? What kind of risk did she take?

49. We discussed in our study time how fear of rejection is a serious issue we tend to have! Fear of pain, hurt and abandonment! We can spend so much time trying to protect ourselves, we make everything about ourselves....what can we learn from Ruth here?

50. What can we learn about the fear of rejection? Is this something you personally struggle with on a consistent basis?

51. When we have fear of rejection and insecurities what is that an indication of?

52. The preservation of self or the protection of self reveals in us that self is not fully dead in us!

53. Look up every verse you can find about dying to self, what does the Bible say? Record them and write notes to how each one encourages you and challenges you!!

54. Read verse 13, instead of remaining in Moab, she now remains at the feet of Boaz!! Oh what a beautiful picture for us!! Instead of remaining or dwelling in our Moab, we need to remain or dwell at the feet of our Savior!! Let me ask you, where are you dwelling today? Where is your heart residing? Where are you making your home?

55. What does Boaz say in this verse? Oh how I wanted him to tell her how he didn't want this closer relative to redeem her but he does not! 😞 What does he say?

56. What does this tell you about Boaz?

57. There is something more important to him than what he wants and desires, what is it?

58. So much of our obedience lies in the hand of this very thing... so what do you love more? Who do you want to please more? God or self? This is a question that you can't just ask yourself once in a while, this needs to be asked on a consistent basis because the answer to this will be the difference of a life submitted to the Lord in peace and joy, and a life submitted to self in angst and restlessness! The desire to preserve self, to please self, to be disobedient to the Lord, and to do life according to what is right in our own eyes will always lead to heartbreak, dispare, and discouragement! Have you been there? Are you there now?

59. As you think about this, what areas of your heart is the Lord sifting in you today? What areas of your life need to be caught by the wind and taken away so that what remains can be cleansed and purified for God's glory and be used for His good service?

60. We see so many things we can learn from Ruth, her character, her patience, her respect and honor! So often women who are single long for a Boaz, or women who are married long for their husbands to be a Boaz...instead of longing for a Boaz that you have already found in Jesus Christ, focus on becoming a Ruth! Focus on who God is creating in you, focus on the beauty of being conformed to the image of Christ and God will handle the "Boaz" in your life!! Then spend time allowing God to fill an supply all the areas He has placed in you for Him to fill! He is the only one who can be your all in all...let Him!!! Spend time in prayer here and write how he is doing this work in you? How is He growing you?

61. Jesus is our prime example of this, look up the following verses and record the relationship between Him and the Father! What do you see is Jesus' prime purpose? Why do you think that is? And how is this different than our modern American gospel that we often hear?

1. John 6:38
2. John 5:30
3. John 14:31
4. John 12:49
5. Phil. 2:8
6. Matt. 26:42

62. Just as Ruth was redeemed because of one man's obedience, we are all redeemed because of One Man's obedience..God in flesh! He also then fulfilled every single law that the kinsmen redeemer was given!! Review what we covered below, see how He fulfilled every requirement of the kinsmen redeemer and He covered us with His own garments, made a covenant with us that will never fail!! Read each one, look up the verses and make sure you record these attributes in your Who Is God journal!! As always, there are more to find so find as many as you can on each fulfillment!! The ga' al — kinsman-redeemer — had a specifically defined role in the family life of an Israelite:

1. The kinsman redeemer was responsible to buy a fellow relative out of slavery.
Read Leviticus 25:48

1. Jesus redeemed us out of slavery to sin so we could live for righteousness.
Read Galatians 5:1

2. The kinsman redeemer was responsible to be the "avenger of blood" to make sure the murderer of a family member paid for the crime. Read Numbers 35:19.

1. Jesus is just and became our sin and took on the wrath of God and punishment that should have been for us! Read 1 Peter 2:24 and Eph 1:7-8 !

3. The Kinsman redeemer was responsible to buy back family land that had been lost due to economic hardship or famine! Read Leviticus 25:25.

1. Jesus bought back the deed to the earth - Read Revelation 5 (review the teaching from Chapter5 online if to walk you through this- it is incredible to see the whole picture)

4. The Kinsman redeemer was responsible to carry on the family name by marrying their deceased brothers widow (Deuteronomy 25:5-10).

1. Jesus is our bridegroom! Read 2 Cor 11:2 and Rev. 19:7-9

63. Who is God here? Make sure you record and rejoice in Him!! This is what our God has done, He has fulfilled every law- humbled Himself and became our Kinsmen Redeemer! Finish out this time in worship for Who HE is and what He has done!! We serve an amazing God!!!