

# Small Group Guide: 2 Corinthians 7

## "Godly Sorrow, Godly Joy"

### Opening Prayer & Ice Breaker

**Ice Breaker Question:** Share about a time when someone's encouragement came at exactly the right moment in your life. How did it impact you?

### Sermon Overview

This week Pastor Jerry walked us through 2 Corinthians 7, where Paul addresses the need for cleansing ourselves from sin, the joy of godly sorrow leading to repentance, and the encouragement that comes from seeing God work in people's lives. Paul was vulnerable about his fears and struggles, yet rejoiced when he saw the Corinthians respond with humility and repentance.

### Key Scripture Passages

- 2 Corinthians 7:1
- 2 Corinthians 7:4-7
- 2 Corinthians 7:10-11

### Discussion Questions

#### Understanding the Text

1. **Cleansing Ourselves (v. 1):** Paul talks about cleansing ourselves from "filthiness of the flesh and spirit." Using the example of the prodigal son and his brother, how do sins of the flesh differ from sins of the spirit? Which do you find more difficult to recognize in your own life?
2. **Paul's Vulnerability (v. 5):** Paul admits to having "no rest," being "troubled on every side," and experiencing internal fears. How does knowing that even the Apostle Paul

struggled with fear and exhaustion encourage you in your own walk with Christ?

3. **Godly Sorrow vs. Worldly Sorrow (v. 10):** What is the difference between godly sorrow and worldly sorrow? Can you think of biblical examples (like Peter vs. Judas) or personal examples that illustrate this difference?

## Personal Application

4. **Fear of God:** The sermon described "fear of God" as awe and reverence rather than terror. How does viewing God in His proper place change the way you approach sin, worship, and service?
5. **Making Choices:** Paul emphasizes that we must make conscious choices to separate ourselves from sin and pursue holiness. What is one area in your life where God is calling you to make a difficult choice to follow Him more closely?
6. **Encouragement in Ministry:** Paul was greatly encouraged when Titus brought news of the Corinthians' repentance. Who in your life serves the Lord faithfully and might need your encouragement this week? How can you be a "Titus" to someone?

## Going Deeper

7. **Open Hearts (v. 2-3):** Paul asked the Corinthians to "open your hearts to us." Are there relationships in your life where you're holding back from being fully open and honest? What fears prevent you from being vulnerable?
8. **Church Discipline:** The sermon explained that church discipline is about restoration, not punishment. How does understanding Paul's heart toward the Corinthians change your view of correction and accountability in the church?
9. **"Nevertheless God" (v. 6):** In verse 6, despite all Paul's struggles, he says "Nevertheless God" comforted him. Can you share a "nevertheless God" moment from your own life when God showed up in your difficulty?

## Key Takeaways

- ✓ **Holiness is a choice** - We must consciously choose to cleanse ourselves from both outward sins (flesh) and inward sins (spirit like pride, bitterness, and self-righteousness).
- ✓ **Godly sorrow leads to life** - Repentance that comes from genuine remorse over offending God leads to restoration, while worldly sorrow (regret over being caught) leads to spiritual death.
- ✓ **Leaders struggle too** - Even mature believers like Paul experience fear, exhaustion, and discouragement. This makes us human, not weak. What matters is what we do with those struggles.
- ✓ **Encouragement multiplies joy** - When we see God working in others' lives, it brings tremendous joy and encouragement to continue serving Him.
- ✓ **Unity requires humility** - The Corinthians' humble response to correction restored their relationship with Paul and brought unity to the church.

## Practical Applications

### This Week's Challenge:

Choose **one** of the following to put into practice:

**Option 1: Personal Inventory** Take time this week to examine your heart using verse 1 as a guide. Ask the Holy Spirit to reveal any "filthiness of the flesh or spirit" that needs to be cleansed. Write down what He shows you and confess it in prayer, receiving His forgiveness.

**Option 2: Encouragement Mission** Identify someone who serves in ministry (pastor, small group leader, children's worker, worship team member, etc.) and intentionally encourage them this week. Let them know specifically how you've seen God work through them.

**Option 3: Humble Conversation** If there's someone you've been avoiding or a relationship that needs restoration, reach out this week with humility. Be open and honest, seeking reconciliation rather than being "right."

**Option 4: Fear Inventory** Write down your current fears and anxieties. Then, like Paul, bring them before God and ask Him to send encouragement through His Word, His Spirit, or His people. Share your struggle with someone you trust.

## Memory Verse

**2 Corinthians 7:10** *"For godly sorrow produces repentance leading to salvation, not to be regretted; but the sorrow of the world produces death."*

## **Prayer Focus**

### **Pray for:**

- Humility to receive correction and grow in holiness
- Those in leadership positions who face unique struggles and pressures
- Courage to have difficult but necessary conversations
- God to help us distinguish between godly sorrow and worldly regret
- Unity in our church body through humble hearts
- Opportunities to encourage those who serve faithfully

## **Closing Prayer**

Close your time by praying for one another's specific needs and commitments from tonight's discussion.

## **For Further Study**

- Read 1 Corinthians 5 for context on church discipline
- Study the account of Peter's denial and restoration (Luke 22:54-62; John 21:15-19)
- Compare with Judas's response (Matthew 27:1-5)
- Read Hebrews 12:5-11 on God's loving discipline

*Next Week: 2 Corinthians 8 - Generosity and Grace in Giving*