

SERIES: The Sermon on the Mount

MESSAGE: Hungry for God

TEXT: Matthew 6:16-18

Pastor Cory Anderson / 05.16.2021

Introduction:

THREE DANGERS TO BE AVOIDED

DANGER #1: Fasting for the _____ of others (Mt. 6:16-18).

DANGER #2: Fasting without _____ the faith (Is. 58:1-5).

DANGER #3: Fasting to _____ God.

FIVE REASONS FOR FASTING

REASON #1: To show God our _____ & _____ heart (Ezra 9:5; 10:6; Neh.9:1; 1 Sam.7:6; Jer.14:12; 36; Dan.9:3; Joel 1:14; 2:12,15; Jonah 3:5ff).

REASON #2: To plead with God for His divine _____ in our lives (2 Sam.12:16, 21-23; 2 Chron.20:3; Ezra 8:21-23; Neh.1:4; Esther 4:3,15-16; Psalm 35:13; Dan.6:18).

REASON #3: To plead with God for His help in making _____ (Acts 13:1-3; 14:23).

REASON #4: To share your food with the _____ (Is. 58:6-11).

REASON #5: To _____ your spiritual life.

Conclusion



COMMUNITY GROUP QUESTIONS

1. What has been your experience with fasting?
2. In what ways did the message help you to understand fasting?
3. How does fasting make us 'hungry for God'? What do you think about this quote from John Piper?

"The weakness of our hunger for God is not because he is unsavory, but because we keep ourselves stuffed with "other things." Perhaps, then, the denial of our stomach's appetite for food might express, or even increase, our soul's appetite for God." **John Piper, A Hunger for God, 10.**

4. Take some time to review the five reasons for fasting by looking up some of the scriptures associated with each reason.
5. What area of your life do you need to 'fast and pray' for? Do you have any 'hopeless' situations?
6. What do we need to be 'fasting and praying' for here at TAC?
7. What are some other types of 'fasting' (other than fasting from food) that you could participate in as a follower of Jesus?

NEXT WEEK

Sunday May 23rd is Pentecost Sunday and Pastor Cory will be preaching about the coming of the Holy Spirit. To prepare yourselves for the message consider reading Acts 2:1-13.

