

Part 3 - Holy Habits

_____ alone won't change your life. _____ will.

- Most of what you normally do isn't the result of _____, but the result of _____.
- Over _____ of the actions you do daily are not the result of decisions, but the result of habits.

God often does _____ things through _____ habits.

Never underestimate how God can start something _____ through one _____ habit.

Based on who you want to become, what's one habit you need to start? _____

Stop _____. Start _____.

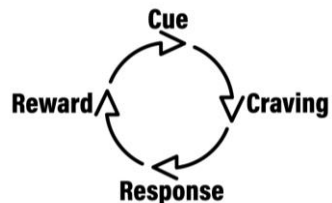
How to Train for Winning Habits

1. Make it _____.

If you want to change what you _____, change your _____.

2. Make it _____.

Habit Staking =
I will do _____ after I _____.



Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.

1 Timothy 4:8 NLT

Do not despise these small beginnings, for the LORD rejoices to see the work begin ... **Zechariah 4:10 NLT**

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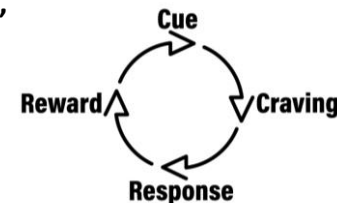
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Devotional

Join a Group/Journal

Start Sharing.

- What is a habit you've had for a long time? (Good or bad)
- What do you enjoy doing the most for fun?
- On a scale of 1-10, how difficult is it for you to start a new habit?

Start Thinking.

- What stood out to you in this week's message?
- Read **Hebrews 10:25**. What are some ways that you meet with and encourage one another regularly?
- Read 1 Corinthians 9:24:27. How competitive do you consider yourself? What does it mean to race for a prize that will not fade away?
- Who do you want to become? What habit do you need to start to get there?
- When you experienced change through spiritual transformation. How was that different than times you've tried to change through behavior modification?

Start Praying. Be bold and pray with power.

Father, we thank You. Because we have a relationship with You, we're able to experience real change. Help us identify a habit in our lives that You're calling us to start. Then, show us how we can start practicing that habit today and this week. In Jesus' name, amen.

Start Doing. Commit to a step and live it out this week.

- List some Obvious Habits.
- List some Easy Habits.
- How can you stack these to be Winning Holy Habits?
- Take the Challenge - Text 'Change' to **(321) 265-6556**

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