

# Commitment is making a plan and putting it into practice.

DAY 1

## Read Matthew 6:9

Jesus' disciples asked Him, "How do you pray?" Jesus responded with what we call "The Lord's Prayer." We can memorize these words and repeat them, and we can also use them as an example to follow as we pray in our own words.

Jesus reminds us to honor our great God when we pray. God is the Creator of the universe. God knows how many stars are in the sky and exactly how many hairs are on your head. God controls the wind and waves, and still Jesus invites us into relationship with God.

### Names of God

Find the names of God below. Use one of these names for God as you pray today.

**Creator Father Almighty Maker  
Friend Healer Helper Lord King**

S H E L P E R Y  
L E A R G D O T  
E A T L N R T H  
H L O E I O A G  
T E I H K L E I  
A R E K A M R M  
F A T H E R C L  
Y T H G I M L A

DAY 2

## Read Matthew 6:10

Jesus asks for God to make things right in our world, just as they are fully right in heaven. These words remind us that . . .

1. Things on earth aren't "right." We can see that's true simply by looking around and listening. We disagree and fight and say hurtful things. We lie and cheat to get what we want. This world is NOT perfect.
2. BUT, God has a plan to make things right. God sent Jesus to make a way for us to have a relationship with God. And one day, Jesus will return to bring heaven to earth.

We can ask God to help us be part of making things right. We can join in on God's mission to bring heaven to earth every time we choose to help and encourage and love the people around us. Think of ONE person in your world that needs some encouragement. Pray and ask God to help you make their world a little brighter this week.

DAY 3

## Read Matthew 6:11

God is BIG enough to be in charge of all creation AND personal enough to know you inside and out. God even knows how many hairs are on your head! And God wants to hear from you. You can ask God to take care of you each day.

Whether you pray about the things you want (like a hoverboard) or what you need (like food or shelter), God hears it all!

### God Is

Play some quiet music and grab a piece of paper and some colored pencils or markers. Write "God Is" in the center of the page and complete that statement any way you choose. Next, as the music plays, write or draw pictures of things you need (both things you can hold in your hand, like food and things you can't, like help with a bad attitude). Then connect each request to the "God Is" statement in the center with different colors and types of lines to create a prayer web.

DAY 4

## Read Matthew 6:12-13

We all mess up. We all need grace and forgiveness. We're all in the same boat. Nobody is perfect, including you. That's why we need to seek forgiveness and ask for help to do what is right.

But why? Doesn't God promise to always love us? If so, why do we need to ask for forgiveness?

God DOES love you no matter what. But you still need to be honest with God when you mess up. Why does your mom or dad ask you to say you're sorry when you hurt your brother or sister? Because you've hurt that relationship. Sure, you'll still be siblings, but you won't be as close if you don't attempt to make things right. Admitting when we're wrong and asking God to forgive us brings us closer to God.

### Saying I'm Sorry

Is there someone you need to say, "I'm sorry" to? If so, stop everything you're doing and go make it right. Then tell God you're sorry too.



Practice praying  
to God.



## Training Camp: Plan, Practice, Grow

Commitment is making a plan and putting it into practice.



### MEMORY VERSE

“Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.”

1 Timothy 4:8, NIV

### Talk About the Bible Story

Open the Bible together and read Matthew 6:9-13 or watch the video together on the Parent Cue app.

### Engagement Questions

- Do you find it easy or hard to talk to God when things aren't going the way you thought? When things are good?
- Who in your life do you see praying or talking to God? How do they do it?
- What is a time during the day that you can set aside and **practice praying to God**?

### Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



### Prayer

“God, thank You for being such an amazing God that hears us anywhere we are and anytime we pray! Thank You for wanting to help us when we are happy, when we are sad, and anything in between. Help us remember that we can always talk to You! We love You and we pray these things in Jesus' name. Amen.”

Weekly Parent Cues →

# Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



### Morning Time

As your kid starts their day, ask them how you can pray for them.



### Meal Time

At a meal this week, have everyone at the table answer this question: “What are some ways we can practice praying to God?”



### Drive Time

While on the go, ask your kid: “What is something you have prayed about lately?” (And if there's nothing, ask if there is something you can both be praying about together.)



### Bed Time

Pray for each other: “God, help us to remember to come to you about everything. You are our best friend, and want us to tell you about everything that is on our hearts and minds.”

### More Ways to Engage with Your Kid

#### Faith & Character Activities



#### Worship Song of the Month



#### Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES

