

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



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Day 1

After watching, write one thing that:

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at [parentcue.org/app](http://parentcue.org/app).

Even if you already saw it at church, feel free to check it out again!

1. You liked:

2. You learned:

3. You'd like to know:

## Day 2

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### Read Matthew 16:13–16

As you read Matthew 16:13–16, what verb do you see used the most?

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What do you think using that verb so much in this passage means for followers of Jesus?

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That last question may have been tricky, but it comes down to this. We should **practice talking about God**. When Jesus lived on the earth, people often talked about who He was. But that didn't stop when Jesus went back to heaven to be with God. Even today, we should talk to others about God.



Answers: say, we should talk about God

## Day 3

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Depending on how much practice you already have when it comes to talking about God—and who you're talking to—it can take a lot of courage talking to others about God.

Whether you're afraid of what they will think, or you feel like you don't know enough about God to talk to others, you can go to God and ask for help.

Fill in this prayer with how you feel about talking about God, then pray it out loud and ask God for help.

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**Dear God**, thank You for all the wonderful things You have done in my life and in the world around me. I want to talk to others about You but sometimes it's hard because

\_\_\_\_\_

\_\_\_\_\_

or because \_\_\_\_\_

\_\_\_\_\_. Please help me to \_\_\_\_\_

\_\_\_\_\_ so I can

practice talking about You. In Jesus'

Name, I pray. **Amen.**

## Day 4

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### Practice talking about God.

Like most things in life, the more you **practice talking about God**, the easier it will get. So how do you practice? Start by talking with someone who you know has put their trust in Jesus and who you feel comfortable talking to. Ideally, it will be someone that you can practice with in the future too.

If possible, get a treat for you to enjoy and pick a comfy spot. As you enjoy your treat, share what you've been learning about commitment with them and ask how they have developed their relationship with God. You can also share prayer requests with each other and even pray together. If this is your first time talking about God with someone, you may be nervous, but keep practicing!



## Day 5

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### Who do you talk to about God?

How did it go talking about God with your friend or family member yesterday? Do you think that's a person you could practice talking about God with on a regular basis? If not, who else might you be able to talk to about God? Make a plan by filling in the blanks below.

Who I'll talk with:

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When we'll talk:

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Where we'll talk:

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What we'll talk about: (get specific)

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If that last one is tricky, here are some ideas:

- Something you're thankful for
- What God has been teaching you
- A situation you need God to help you with
- A question you have for God
- Once you've got your plan, put it into action. Remember that commitment isn't just about making a plan, but also seeing it through!



## Training Camp: Plan, Practice, Grow

Commitment is making a plan and putting it into practice.



### MEMORY VERSE

“Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.”  
1 Timothy 4:8, NIV

### Talk About the Bible Story

Open the Bible together and read Matthew 16:13-20 or watch the video together on the Parent Cue app.

### Engagement Questions

- **Who do you talk to about God?**
- Is it difficult for you to talk to others about God? Why or why not?
- How can you decide what you believe about Jesus?

### Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



### Prayer

“Dear God, we are so grateful for what You’ve done for us that we want to tell people all about You, but sometimes we get nervous. Please give us boldness so we can tell everyone we know about Your goodness and love. We love You and we pray these things in Jesus’ name. Amen.”

Weekly Parent Cues →

# Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



### Morning Time

As your kid starts their day, tell them something good about them.



### Meal Time

At a meal this week, have everyone at the table answer this question: “Who do you talk to about God?”



### Drive Time

While on the go, ask your kid: “What is something God has been doing in your life?” (If they can’t think of anything, share something God has done in yours.)



### Bed Time

Pray for each other: “God, help us remember all the things You have done for us, and to tell others about what You mean to us when we have the opportunity.”

### More Ways to Engage with Your Kid

#### Faith & Character Activities



#### Worship Song of the Month



#### Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES

