

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



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Day 1

After watching, write one thing that:

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

1. You liked:

2. You learned:

3. You'd like to know:

Day 2

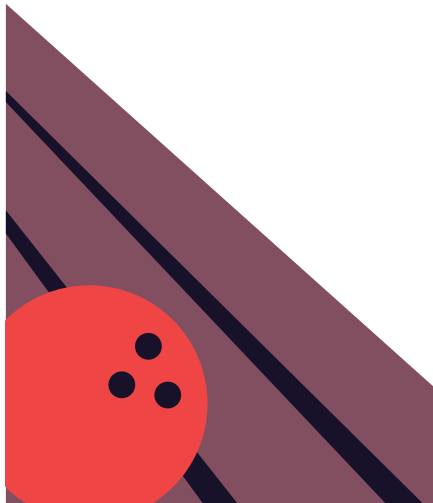
Read Psalm 119:105

Read Psalm 119:105, then connect the dots below then put the verse in order. When you have done that, color inside the lines you made. What does it look like to you? Perhaps a pathway?

- me the way. •
- lamp that shows •
- Your word is like a •
- Psalm 119:105 •
- that guides me. •
- It is like a light •

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Just as light pours out into the darkness, spreading out to light the way, God's Word can guide our path, showing us which way to go. It lights the way in front of us, showing us the way to go. Simply reading God's Word—the Bible—and being open to what God wants to teach us through it, is a great way to hear from God!



## Day 3

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### Have you ever read something in the Bible that you didn't understand?

That's totally normal! We're talking about the God who made the universe—who made YOU. It makes sense that God's Word would be challenging to understand at times. But God wants you to understand, so all you have to do is pray and ask for help and God will help you understand.

Think about something that you've always struggled to understand in God's Word. It may be an event that happened—like creation, or Jesus raising from the dead—or it may be a specific verse, or it might be what seems like an unanswered prayer. Fill in the prayer below with that question and ask for help hearing from God.

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Dear God, I thank You for giving us Your Word to light our paths and help us know what to do. But even still, I sometimes struggle to really hear You and understand what You are doing in my life and in the world. I especially need help hearing from You when it comes to _____. Please give me the wisdom to hear from You and to allow Your Word to light my way. In Jesus' Name, I pray. **Amen.**

Day 4

When something changes your life, do you usually keep it to yourself?

No! You tell your family about it, or you share the news with your friends, right?

If you've found a verse or a story in God's Word that has been helpful to you, why wouldn't you want to share it with others so it can do the same for them!

Write down your favorite Bible story or verse, and then explain how it has made a difference in your life or has helped you think or act differently.

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Guess what you just did? You **practiced hearing from God!** Now, go and share that with someone else. Ask them if they've heard the story or the verse, and then tell them what it means in your life.

But don't leave it there—ask them what their favorite Bible story or verse is too! You might learn something new about God's Word that will encourage you in your own faith!



## Day 5

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### How can you hear from God?

Tonight, after dark, get a grownup and grab a flashlight. Walk outside and shine the flashlight on the ground to see where you are going. Notice how if you look too far away from the light, you can't see a thing. But if you follow the light, you know what to do and where to step—or not step.

As you head back inside, talk with your adult about **how you can hear from God.** Share with each other how God's Word has been a light in your life. Then ask them to hold you accountable to **practice hearing from God.** This might look like checking in once a week to ask what you've been hearing from God, or maybe adding "read your Bible" to your daily to-do list. Just remember, hearing from God isn't something we just HAVE to do; it's something we GET to do. And when we do, we will be able to see the way God wants us to go.



## Training Camp: Plan, Practice, Grow

Commitment is making a plan and putting it into practice.



### MEMORY VERSE

“Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.”  
1 Timothy 4:8, NlrV

### Talk About the Bible Story

Open the Bible together and read Psalm 119:105 or watch the video together on the Parent Cue app.

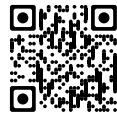
### Engagement Questions

- How can you hear from God?
- How can you know when you are hearing from God or another voice?
- What gets in the way of spending time reading the Bible?

### Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



### Prayer

“Dear God, thank You for the many, many ways we can hear from You. Next time we’re in nature and hear a sound of Your creation, remind us to be still and quiet and to notice and remember that You are with us. We love You and we pray these things in Jesus’ name. Amen.”

Weekly Parent Cues →

# Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



### Morning Time

As your kid starts their day, tell them an example of how you’ve seen them show commitment.



### Meal Time

At a meal this week, have everyone at the table answer this question: “How can you hear from God?”



### Drive Time

While on the go, ask your kid: “What is the best thing you’ve heard or seen lately?”



### Bed Time

Pray for each other: “God, help us to listen to Your voice. May we hear You when we read Your Word, see the beauty of Your creation, or hear Your truth from others.”

### More Ways to Engage with Your Kid

#### Faith & Character Activities



#### Worship Song of the Month



#### Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES

