



# Live It Out—Discover how to love like Jesus

## DAY 1

### Read Colossians 3:13

When someone hurts you or does something unkind, you could pay them back, choose to stay mad, or as Queen Elsa would say, you could “let it go!” That’s what the “put up with one another” part of this verse means.

If someone is consistently being unkind, you need to ask a trusted adult for help. But for the everyday mistakes people make, forgiveness is always the wise choice. Remember, God doesn’t hold your mess-ups against you. God is always willing to “let it go” when we mess up.

Check out the new lyrics to “Let It Go” below (you can even sing them if you want to). Then pray, thanking God for being willing to forgive you, always.

*Let it go, let it go  
Can't stay mad forevermore  
Let it go, let it go  
Forgive and open the door.  
I don't care if it seems crazy  
Let it go and move on  
It wasn't really worth it anyway.*

## DAY 2

### Read Luke 17:3-4

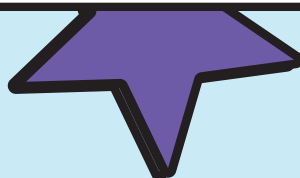
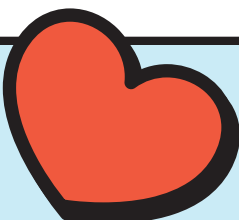
Count to seven on your hands. According to this verse, if someone does something hurtful or unkind seven times but asks for forgiveness each time, what should you do? Choose an answer below:

1. Tell them to get lost.
2. Bring up every other time they’ve messed up to make your point.
3. Say or do something unkind to get even.
4. Refuse to listen or forgive.
5. Tell them you don’t believe they’re sorry.
6. Ignore them.
7. Forgive, every single time.

Did you choose number seven? When someone messes up and asks you for forgiveness, it’s okay to tell them they were wrong and how it hurt. But what’s NOT okay is to refuse to forgive. As a Jesus follower who has already been forgiven, your job is to show that same love and forgiveness to others.

### Forgive

Cross out the first six answers above and write the word “FORGIVE” instead. Spend some time asking God to help you forgive as many times as you’re asked, knowing that when you forgive others, it can change them.



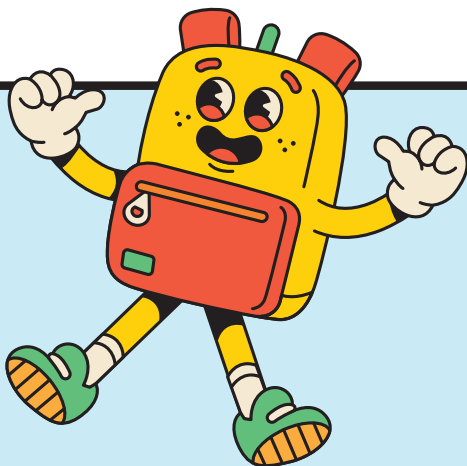
## Read Proverbs 17:9

Forgiveness is hard. Sometimes we'd rather be right and make a point. We want the other person to understand why we're hurt and to somehow guarantee they won't ever mess up and hurt us again. Since no one is perfect, eventually the people you spend time with will mess up and those mess-ups might really. . . well, mess up your friendship.

When it comes to forgiveness, being right is NEVER more important than your friendship. Winning an argument isn't the goal, protecting the relationship is. If you keep bringing it up to make the other person feel bad, you'll never be close to that person. That's why it's SO important to take the first step to forgive.

### First-Step Forgiveness

Place a piece of paper on the floor, put your foot on the page, and trace around it to create a footprint. Inside your footprint outline, write, "Take the first step to forgive." As you hold up your footprint, ask God to help you forgive so that you can protect your relationships.



## Acts 10:43

Why is it hard to forgive? Think about the last time someone hurt you. How did you respond? Did you stay mad? Did you say something unkind back? Are you still mad?

Do you see the word 'all' in today's verse? It comes up twice. First, the writer talks about how *all* the prophets, (those chosen by God to deliver an important message) tell us about Jesus. And *all* who believe in Him will be forgiven.

'All' includes the kid you still haven't forgiven. 'All' includes your parents, your teachers, your favorite coach, and your grandparents. 'All' includes the kids no one talks to and the kids everyone wants to hang out with. 'All' includes *you*. God's forgiveness is SO big that it covers everything.

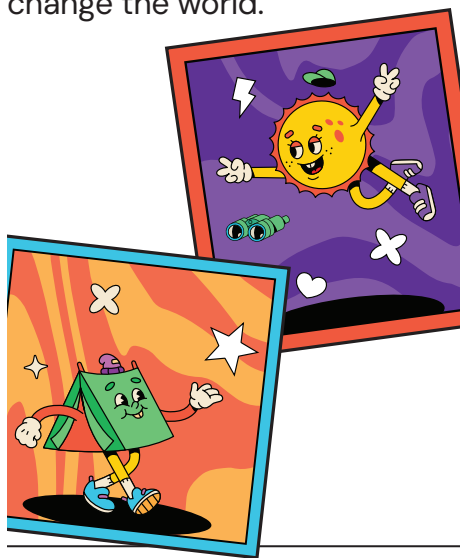
As you pray today, thank God for offering forgiveness to everyone. Ask God to help you choose to forgive, because everyone needs forgiveness.



Forgive one another.

# Live It Out: Discover how to love like Jesus

With Jesus we can help  
change the world.



## MEMORY VERSE

Our God is a God who  
strengthens and encourages  
you. May he give you the same  
attitude toward one another  
that Christ Jesus had.  
Romans 15:5, NIV

## Talk About the Bible Story

Open the Bible together and read  
Colossians 3:13 (Supporting: John 13:36-38;  
21:1-19) or watch the video together on the  
Parent Cue app.

## Engagement Questions

- Jesus forgives! How does that make you  
feel, knowing he can forgive you for the  
wrong you have done?
- How can you have a good attitude like  
Jesus to others?
- Is there anyone you are still having  
a hard time loving? Do you need to  
forgive them?

## Faith and Character Activity

Scan the QR code below for activities to  
guide kids at every phase to trust Jesus  
in a way that changes how they see God,  
themselves, and the rest of the world.

Scan the QR code  
to get started



## Prayer

“Dear God, thank you for dying on the  
cross to save us from our sins. Thank you  
for forgiving us for any wrong we have  
done. Just as you forgive us, help us to  
forgive others. Give us the same attitude  
you have. We love You, and we pray these  
things in Jesus’ name. Amen.”

## Weekly Parent Cues

# Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



## Morning Time

As your kid starts their day, if there are any  
parenting moments you feel like you need  
to apologize for, take this opportunity.  
(There’s no such thing as a perfect parent.  
We all fail at times.)



## Meal Time

At a meal this week, have everyone at  
the table answer this question: “Who  
is someone you forgave? Was it easy  
or difficult? Was it once, or did you  
have to keep forgiving them when you  
remembered how they made you feel?”



## Drive Time

While on the go, ask your kid: “What do  
you think it means to forgive someone?”



## Bed Time

Pray for each other: “God, thank You for all  
the ways You have forgiven us. You love us  
so much. Help us to remember that when  
we have a chance to forgive others. Help us  
to forgive other people like You forgive us.”

## More Ways to Engage with Your Kid

## Faith & Character Activities



## Worship Song of the Month



## Download the Parent Cue app

AVAILABLE FOR APPLE  
AND ANDROID DEVICES



PARENT CUE