

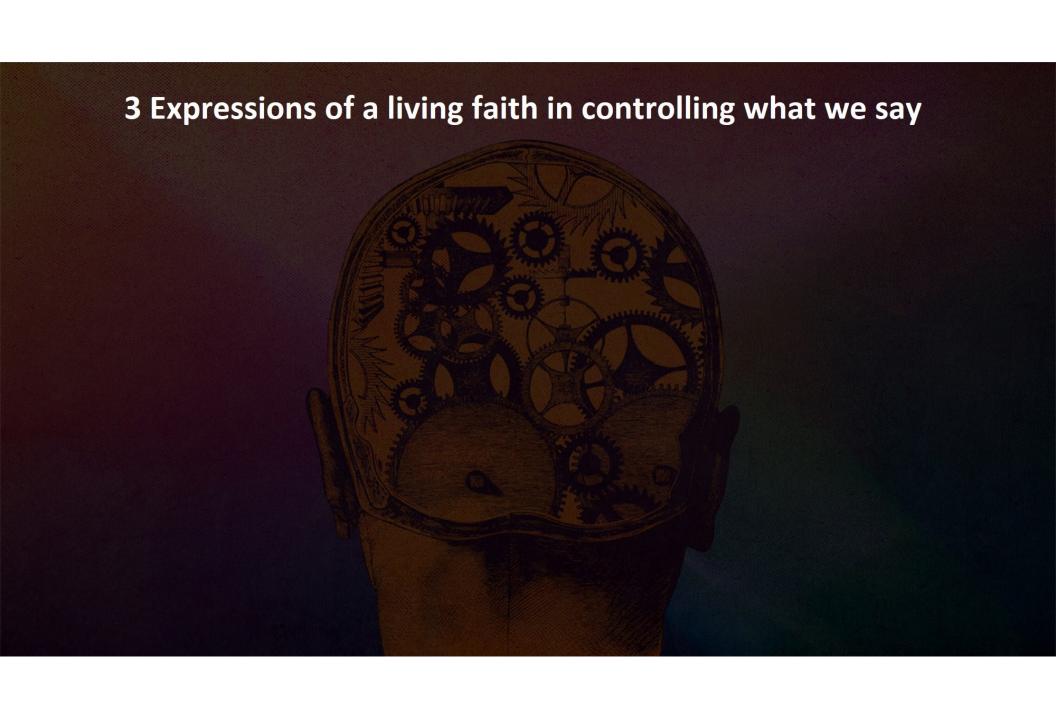
Question: Can you name the muscle in your body that receives more exercise and less control than any other?

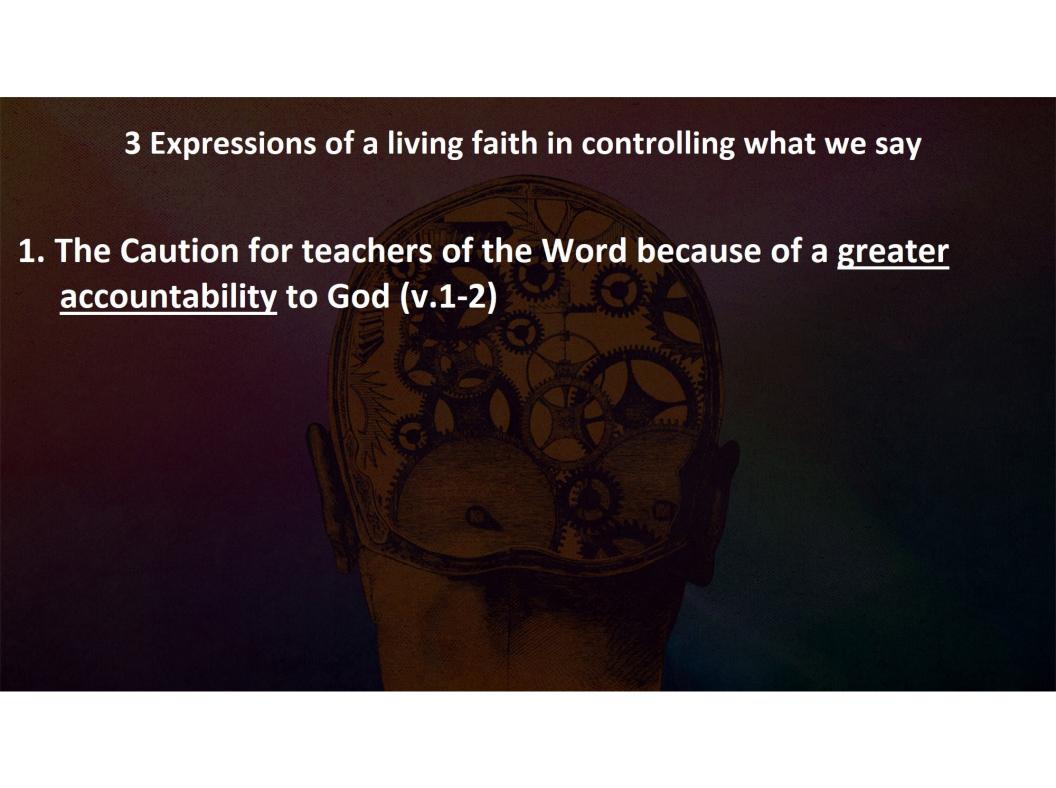
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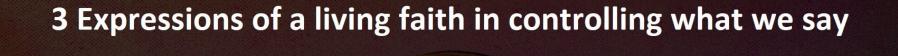
- It weighs only 2 oz. and is approximately 4" long
- It has 8 muscles to change its position
- It helps us to chew, taste, swallow, & articulate words—good or bad





"Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth."2 Timothy 2:15

"Take heed to yourself and to the doctrine. Continue in them, for in doing this you will save both yourself and those who hear you."1 Timothy 4:16



- 1. The Caution for teachers of the Word because of a greater accountability to God (v.1-2)
- 2. The Capacity of the tongue Illustrated through the <u>small</u> but <u>powerful</u> (v.3-8)

- A <u>bit</u>- With a length of rope, or a few strips of leather & a small piece of metal in a horse's mouth, a rider can control the horse's whole body.
- A <u>small rudder</u>- Ships have grown larger & heavier but still proportionately they still have their course determined by a comparatively small slab of metal called a rudder.
- A <u>little fire</u>- A tiny spark holds the power to destroy 1000's of acres of forest.

James echoes the testimony of Proverbs regarding the tongue:

• "In the multitude of words sin is not lacking, but he who restrains his lips is wise. The tongue of the righteous is choice silver; the heart of the wicked is worth little. The lips of the righteous feed many, but fools die for lack of wisdom."

Proverbs 10:19-21

- "Pleasant words are like a honeycomb, sweetness to the soul and health to the bones." Proverbs 16:24
- "Death and life are in the power of the tongue, and those who love it will eat its fruit." Proverbs 18:21

3 Expressions of a living faith in controlling what we say

- 1. The Caution for teachers of the Word because of a greater accountability to God (v.1-2)
- 2. The Capacity of the tongue Illustrated through the <u>small</u> but <u>powerful</u> (v.3-8)
- 3. The Compromise the tongue can bring into a believer's life: cursing and blessing from the same mouth (v.9-12)

"It would be a monstrosity, a thing to be wondered at, and stared at as unnatural and absurd if a fig tree started bearing olive berries and it is just as unnatural for a Christian to live in sin. Can he so live as to bear the fruits of iniquity instead of the fruits of righteousness? God forbid that it should be so!" -Charles Spurgeon