

THE BOOK OF

PSALMS

SONGS TO LIVE BY

"Trusting God in Troubling Times"-Part 1

Psalm 37:1-17

3 Ways to walk with God
in troubling times

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PSALMS

1. Put God's wisdom over your worry: Don't be fretful about the ungodly

A Psalm of Asaph.

“But as for me, my feet had almost stumbled;
My steps had nearly slipped.

For I *was* envious of the boastful,

When I saw the prosperity of the wicked.” Psalm 73:2-3

“Why do the wicked live *and* become old,

Yes, become mighty in power?

Their descendants are established with them in their sight,

And their offspring before their eyes.

Their houses *are* safe from fear,

Neither *is* the rod of God upon them.” Job 21:7-9

“Do not let your heart envy sinners,
But be zealous for the fear of the Lord all the day;” Proverbs 23:17

“Do not fret because of evildoers,
Nor be envious of the wicked;
For there will be no prospect for the evil *man*;
The lamp of the wicked will be put out.” Proverbs 24:19-20

“Righteous *are* You, O LORD, when I plead with You;
Yet let me talk with You about *Your* judgments.
Why does the way of the wicked prosper?
Why are those happy who deal so treacherously?” Jeremiah 12:1

3 Ways to walk with God in troubling times

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1. Put God's wisdom over your worry: Don't be fretful about the ungodly
2. Focus on your Faith in the Lord: Trust in the Lord and let it overflow to a joyful obedience and rest in Him

5 Factors in focusing on the Lord:

- Trust in the LORD, and do good
- Delight yourself also in the LORD
- Commit your way to the LORD
- Rest in the LORD, and wait patiently for Him
- Cease from anger, and forsake wrath

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1. Put God's wisdom over your worry: Don't be fretful about the ungodly
2. Focus on your Faith in the Lord: Trust in the Lord and let it overflow to a joyful obedience and rest in Him
3. Leave it in God's hands: Trust the Lord to carry out His justice on the ungodly