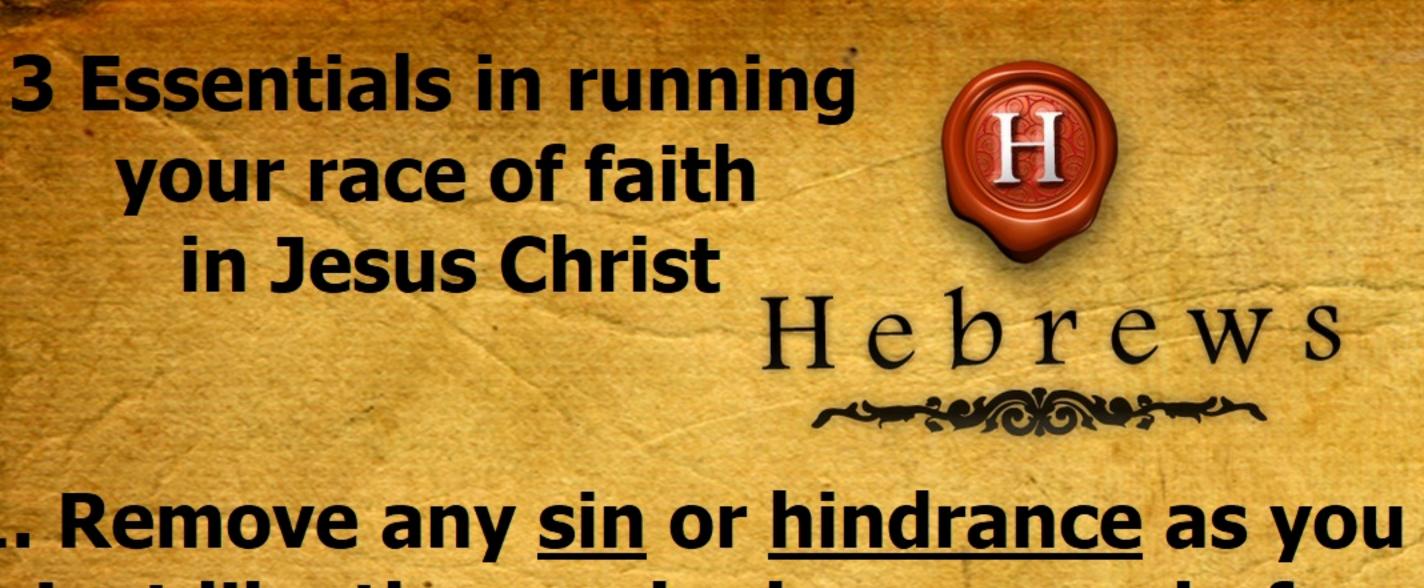


Hebrews

"It's Time to Run Your Race of Faith"

Hebrews 12:1-3



 Remove any <u>sin</u> or <u>hindrance</u> as you live for Jesus Christ —just like those who have gone before you. (v.1a) Some sins can be easily avoided, but are not. Some sins are admired, yet must be laid aside. Some sins are ensnaring and thus especially harmful. Some sins are more dangerous than others are.

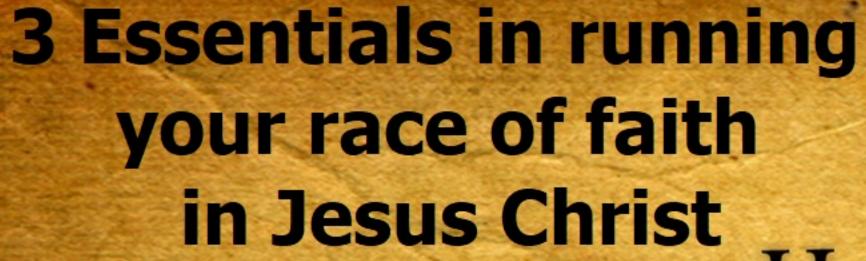
3 Essentials in running your race of faith in Jesus Christ

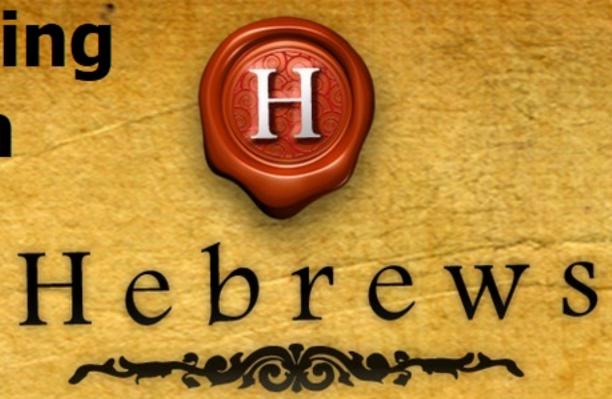


- Remove any sin or hindrance as you live for Jesus Christ

 —just like those who have gone before you. (v.1a)
- 2. Focus your <u>life</u> on Jesus as you run the race of faith <u>marked out</u> before you. (v.1b-2)

"Do not even look upon the race-course, or the competitors, but look to Jesus and so start in the race." -Charles Spurgeon





- Remove any sin or hindrance as you live for Jesus Christ

 —just like those who have gone before you. (v.1a)
- 2. Focus your <u>life</u> on Jesus as you run the race of faith <u>marked out</u> before you. (v.1b-2)
- 3. Take encouragement in your trials by remembering the perseverance of Jesus in the face of sinners (v.3)

Think of all the hostility Jesus endured from sinners:

- At His own synagogue in Nazareth they wanted to kill Him.
- The religious leaders constantly tried to trap and embarrass Him.
- They lied about Jesus, saying He was a drunkard and a glutton.
- He was betrayed by one of His own disciples.
- He was mocked and beaten.
- His own people cried out against Him, "Crucify Him!"

Average life expectancy in the US is 78.79 years (2019) 79 years is 28,835 days. 4,114 weeks. 947 months.

- 70 = 9 years from the average is 3,285 days. 464 wks 107 mths
- 60 = 19 years from the average is 6,935 days. 986 wks 227 mths
- 50 = 29 years from the average is 10,585 days. 1,507 wks 347 mths
- 40 = 39 years from the average is 14,235 days. 2,029 wks 467 mths
- 30 = 49 years from the average is 17,885 days. 2,550 wks 587 mths
- 20 = 59 years from the average is 21,549 days. 3,078 wks 708 mths