

THE BOOK OF

# PSALMS

---

SONGS TO LIVE BY

**"Bless the Lord, O' My Soul"**

*Psalm 103*



3 Ways for you  
to bless the Lord  
in heartfelt worship

THE BOOK OF  
PSALMS

1. Choose to remember God's goodness: Bless the Lord for His benefits for you in Christ.



“Have you not known?  
Have you not heard?  
The everlasting God, the LORD,  
The Creator of the ends of the earth,  
Neither faints nor is weary.  
His understanding is unsearchable.  
He gives power to the weak,  
And to *those who have* no might He increases strength.  
Even the youths shall faint and be weary,  
And the young men shall utterly fall,  
But those who wait on the LORD  
Shall renew *their* strength;  
They shall mount up with wings like eagles,  
They shall run and not be weary,  
They shall walk and not faint.” Isaiah 40:28-31



**“Soul music is the very soul of music.”**

**-Charles Spurgeon**



3 Ways for you  
to bless the Lord  
in heartfelt worship

THE BOOK OF  
PSALMS

1. Choose to remember God's goodness: Bless the Lord for His benefits for you in Christ.
2. Calculate the height of God's mercy and compassion toward those who fear the Lord.



The flower which faded in Adam,  
blooms anew in Christ,  
never to fade again.



3 Ways for you  
to bless the Lord  
in heartfelt worship

THE BOOK OF  
PSALMS

1. Choose to remember God's goodness: Bless the Lord for His benefits for you in Christ.
2. Calculate the height of God's mercy and compassion toward those who fear the Lord.
3. Consider the call of all creation to bless the Lord.