

Psalm 86:1–11 Discussion Questions

- 1. David prays, "Unite my heart to fear your name" (v. 11).**
What do you think a "divided heart" looks like in everyday life? Where do you see evidence of it in yourself?
- 2. What competing loves or desires most often pull your heart away from wholehearted devotion to God?**
Why do those things hold such power?
- 3. David's prayer assumes that spiritual fragmentation is a problem all believers face.**
How have you experienced being pulled between obedience to God and the pursuit of something else?
- 4. Psalm 86 begins with dependence, not confidence.**
Why is it difficult for many Christians to admit neediness before God? What does our resistance reveal about our hearts?
- 5. Read Matthew 6:24.**
How can good things (family, career, ministry, financial security, reputation) become rival masters in our lives?
- 6. David asks God to unite his heart rather than attempting to unite it himself.**
What is the difference between pursuing an undivided heart through self-improvement versus through the grace of God?
- 7. What are some signs that a person's heart is becoming more united around God?**
What changes would likely be visible in their priorities, relationships, and decision-making?
- 8. The sermon suggested that anxiety, restlessness, and instability can sometimes reveal divided loyalties.**
Have there been seasons when God used those experiences to expose what you were truly trusting in?
- 9. Jesus is the only person who ever lived with a perfectly undivided heart.**
How does His perfect obedience encourage you when you become aware of your own inconsistency and divided affections?
- 10. If God answered David's prayer in your life this week, what would actually change?**
What specific area of your life would become more aligned with God's will and purposes?

Optional Closing Question

What is one area of your life where you need to pray Psalm 86:11 this week?

"Teach me your way, O LORD, that I may walk in your truth; unite my heart to fear your name."