

THE TEN COMMANDMENTS

How to Love God and Neighbor

Wednesdays | 7:15 pm
May 28 through August 13
Pastor Kevin Timmons
Elder Scott Sears

You shall love the Lord your God with all your heart... You shall love your neighbor as yourself
Matthew 22:37-39



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What is the Greatest Commandment?

You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.



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What commandments has God given to teach us how to Love God and Neighbor?

1. You shall have no other gods
2. You shall not make a carved image
3. You shall not take the name of the LORD your God in vain
4. Remember the Sabbath day
5. Honor your father and mother
6. You shall not murder
7. You shall not commit adultery
8. You shall not steal
9. You shall not bear false witness
10. You shall not covet



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Last week...



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THE 9 COMMANDMENTS (AND 1 SUGGESTION)

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The 4th Commandment:

Remember the Sabbath Day

Creation | Redemption | The Day



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The 4th Commandment

Creation



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Exodus 20:8-11 | Remember the Sabbath day, to keep it holy. Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.



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Genesis 1:31- 2:3 | And God saw everything that he had made, and behold, it was very good. And there was evening and there was morning, the sixth day. Thus the heavens and the earth were finished, and all the host of them. And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work that he had done. So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.



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Exodus 16:22-29 | On the sixth day they gathered twice as much bread, two omers each. And when all the leaders of the congregation came and told Moses, he said to them, "This is what the Lord has commanded: 'Tomorrow is a day of solemn rest, a holy Sabbath to the Lord; bake what you will bake and boil what you will boil, and all that is left over lay aside to be kept till the morning.'" So they laid it aside till the morning, as Moses commanded them, and it did not stink, and there were no worms in it. Moses said, "Eat it today, for today is a Sabbath to the Lord; today you will not find it in the field. Six days you shall gather it, but on the seventh day, which is a Sabbath, there will be none." On the seventh day some of the people went out to gather, but they found none. And the Lord said to Moses, "How long will you refuse to keep my commandments and my laws? See! The Lord has given you the Sabbath; therefore on the sixth day he gives you bread for two days...



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Leviticus 23:3 | Six days shall work be done, but on the seventh day is a Sabbath of solemn rest, **a holy convocation**. You shall do no work. It is a Sabbath to the Lord in all your dwelling places.

Luke 4:16 | And he came to Nazareth, where he had been brought up. And **as was his custom, he went to the synagogue on the Sabbath day...**



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Numbers 15:32-36 | While the people of Israel were in the wilderness, they found **a man gathering sticks on the Sabbath day.** And those who found him gathering sticks brought him to Moses and Aaron and to all the congregation. They put him in custody, because it had not been made clear what should be done to him. And the Lord said to Moses, "**The man shall be put to death;** all the congregation shall stone him with stones outside the camp." And all the congregation brought him outside the camp and stoned him to death with stones, as the Lord commanded Moses.



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Numbers 15:27-31 | If **one person sins unintentionally**, he shall offer a female goat a year old for a sin offering. And the priest shall make atonement before the Lord for the person who makes a mistake, when he sins unintentionally, to make atonement for him, and he shall be forgiven. You shall have one law for him who does anything unintentionally, for him who is native among the people of Israel and for the stranger who sojourns among them. But **the person who does anything with a high hand**, whether he is native or a sojourner, reviles the Lord, and that person shall be cut off from among his people. Because he has despised the word of the Lord and has broken his commandment, that person shall be utterly cut off; his iniquity shall be on him.



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Why did God rest?



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- 1. You were created to rest**
- 2. You have to rest**
- 3. You must be satisfied to stop**



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The 4th Commandment

Redemption



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The 4th Commandment

Redemption



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Deuteronomy 5:12-15 | Observe the Sabbath day, to keep it holy, as the Lord your God commanded you. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you or your son or your daughter or your male servant or your female servant, or your ox or your donkey or any of your livestock, or the sojourner who is within your gates, that your male servant and your female servant may rest as well as you. You shall remember that you were a slave in the land of Egypt, and the Lord your God brought you out from there with a mighty hand and an outstretched arm. Therefore the Lord your God commanded you to keep the Sabbath day.



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Leviticus 23:1-2 | The Lord spoke to Moses, saying,
"Speak to the people of Israel and say to them, **These are**
the appointed feasts of the Lord that you shall proclaim
as holy convocations; **they are my appointed feasts.**"

1. Sabbath (v. 3)
2. Passover (vv. 4-8)
3. Feast of Firstfruits (vv. 9-14)
4. Feast of Weeks (vv. 15-22)
5. Feast of Trumpets. (vv. 23-25)
6. Day of Atonement (vv. 26-32)
7. Feast of Booths (vv. 33-43)



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- 1. You were redeemed to rest**
- 2. You get to rest**
- 3. You must be free to feast**



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Discussion

1. Describe your ideal day – What would you do if you had a day coming up with nothing else scheduled?

2. What makes it difficult for you to observe a full day of rest and worship each week?

3. Exodus 20 says you were created to rest.

Deuteronomy 5 says you were set free from slavery to rest. Which of these resonates most with you? Why?



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The 4th Commandment

The Day



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Mark 2:23-28 | One Sabbath he was going through the grainfields, and as they made their way, his disciples began to pluck heads of grain. And the Pharisees were saying to him, "Look, why are they doing what is not lawful on the Sabbath?" And he said to them, "Have you never read what David did, when he was in need and was hungry, he and those who were with him: how he entered the house of God, in the time of Abiathar the high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and also gave it to those who were with him?" And he said to them, "The Sabbath was made for man, not man for the Sabbath. So the Son of Man is lord even of the Sabbath."



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Mark 3:1-6 | Again he entered the synagogue, and a man was there with a withered hand. And they watched Jesus, to see whether he would heal him on the Sabbath, so that they might accuse him. And he said to the man with the withered hand, "Come here." And he said to them, "**Is it lawful on the Sabbath to do good or to do harm, to save life or to kill?**" But they were silent. And he looked around at them with anger, grieved at their hardness of heart, and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored. The Pharisees went out and immediately held counsel with the Herodians against him, how to destroy him.



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Matthew 28:1 | Now after the Sabbath, toward the dawn of **the first day of the week**, Mary Magdalene and the other Mary went to see the tomb...

Acts 20:7 | **On the first day of the week**, when we were gathered together to break bread...

1 Corinthians 16:2 | On **the first day of every week**, each of you is to put something aside and store it up, as he may prosper, so that there will be no collecting when I come...

Revelation 1:10 | I was in the Spirit on **the Lord's day**.



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Romans 14:5 | One person esteems **one day as better** than another, while another esteems **all days alike**. Each one should be fully convinced in his own mind.

Galatians 4:9-10 | But now that you have come to know God, or rather to be known by God, how can you turn back again to the weak and worthless elementary principles of the world, whose slaves you want to be once more? **You observe days** and months and seasons and years!

Colossians 2:16-17 | Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or **a Sabbath**.



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Colossians 2:16-17 | Therefore let no one pass judgment on you in questions of **food** and **drink**, or with regard to a **festival** or a new moon or a **Sabbath**.

Ezekiel 45:17 | It shall be the prince's duty to furnish the burnt offerings, **grain (food)** offerings , and **drink** offerings, at the **feasts (festival)**, the **new moons**, and the **Sabbaths**, all the appointed feasts of the house of Israel: he shall provide the sin offerings, grain offerings, burnt offerings, and peace offerings, to make atonement on behalf of the house of Israel.



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How to Observe the Sabbath?



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Westminster Shorter Catechism Q&A 86

Faith in Jesus Christ is a saving grace,
whereby we receive and rest upon him
alone for salvation, as he is offered to us
in the gospel.



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Loving God through the 4th Commandment

Action

Negative: Do not work every day, do not neglect gathering to worship

Positive: Do all your labor in 6 days, rest and worship on one

Allegiance:

Sign of the covenant relationship

One day in seven belongs totally to the Lord

Affection:

God's "demand" is rest



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Psalms 127:2 | It is in vain that you rise up early, and go late to rest, eating the bread of anxious toil; for [the LORD] gives to his beloved sleep.

Matthew 11:28 | Come to me, all who labor and are heavy laden, and I will give you rest.

Hebrews 4:9 | So then, there remains a Sabbath rest for the people of God.



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Assurance of Grace | John 19:30

When Jesus had received the sour wine, he said, "It is finished," and he bowed his head and gave up his spirit.



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