

## “Learning and Leaning Into the Hope of God”

Psalm 131

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**Big Idea:** “Those who learn to hope in the Lord are liberated from pride, arrogance, haughtiness, and self-centered ambition, which results in finding hope in ourselves.”

### 1. Hoping in yourself brings problems (Vs. 1)

### 2. Hoping in the Lord is the solution (Vs. 3)

### 3. Growing in hope is a process (Vs. 2)

## RESPONSE QUESTIONS

1. We heard much about relying on the Lord and not relying on ourselves. What does it look like in your life to be self-reliant?
2. What problems do we encounter when we are self-reliant? What is “bootleg Christianity” Pastor Doug referred to? (ie: Jesus becoming our co-pilot)
3. Verse one deals with three problems self-reliant people have. What are they and how do they promote self-reliance in us?
4. The solution to self-reliance and bootleg Christianity is to hope in the Lord. How does verse three help us to understand what reliance on the Lord really is?
5. Pastor Doug emphasized that David *learned* how to rely on the Lord. This doesn’t just happen *by osmosis*. How do we learn how to rely on the Lord in our lives?
6. What are some specific areas in your life where you tend to be self-reliant? What would it look like for you to begin learning how to rely on the Lord in this area?
7. Pastor Doug made a connection between Ps.131 and the atonement of Jesus on the cross. What does substitutionary atonement have to do with being self-reliant?