



I. Choices & Feelings

Key Truth: Thankfulness Keeps our Focus on God

II. Understanding Thankfulness 1 Thessalonians 5:16-18

Will of God (18)

Rejoice (16)

Pray (17)

Give Thanks (18)

Point: Thankfulness *Grows* as Prayer Grounds our Heart and Joy Shapes our Will

III. An Example of Thankfulness

Luke 2:36-38

36-37

Anna's Devotion

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Anna's Witness

Point: Thankfulness *Shows* When Devotion
Inspires Proclamation

IV. Practicing Thankfulness

1. Daily Verbal Affirmation

2. Thankful Prayer in the Moment

3. Tie Devotion to Proclamation

4. Thankfulness in the Hard Things

V. Challenge & Invitation