Pastor Bryan Keith Dugger - 02/25/2018



v. 16-17 Relief

Numbers 11
Whining
Shortsighted
Thankless
Overwhelmed
Hopelessness

III. Overcoming

Personal Reflection

Take time this week to pray & respond to the following:

Adversity comes in many forms. Self-doubt, hostile encounters with others & unexpected circumstantial downturns are but a few of the ways you can end up feeling overwhelmed & hopeless. Unchecked, these moments can turn into trends of shortsightedness & thanklessness that will rob you of the joy of the Lord & distract you away from the blessings He bestows.

A key to overcoming adversity is to not walk through it alone. In Christ, you are never alone because the Holy Spirit lives within you. Furthermore, you have access to the community of fellow believers through whom the Lord can work & give you strength.

Are you trying to go it alone? Have you become isolated in the midst of your present trials? Could it be that pride or fear is keeping you from seeking the Lord's aid & allowing His people to come alongside you?

Prayerfully reflect upon your handling of stress, worry & fear. Ask God to free you from anything that is hindering your trust in His providence & presence. Express your need for the Lord's help in overcoming adversity. Commit to let Him lead you day by day through the difficulties & joys of life.