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A New Beginning for A New Creation

How to live 2023 in the truth of who God made you



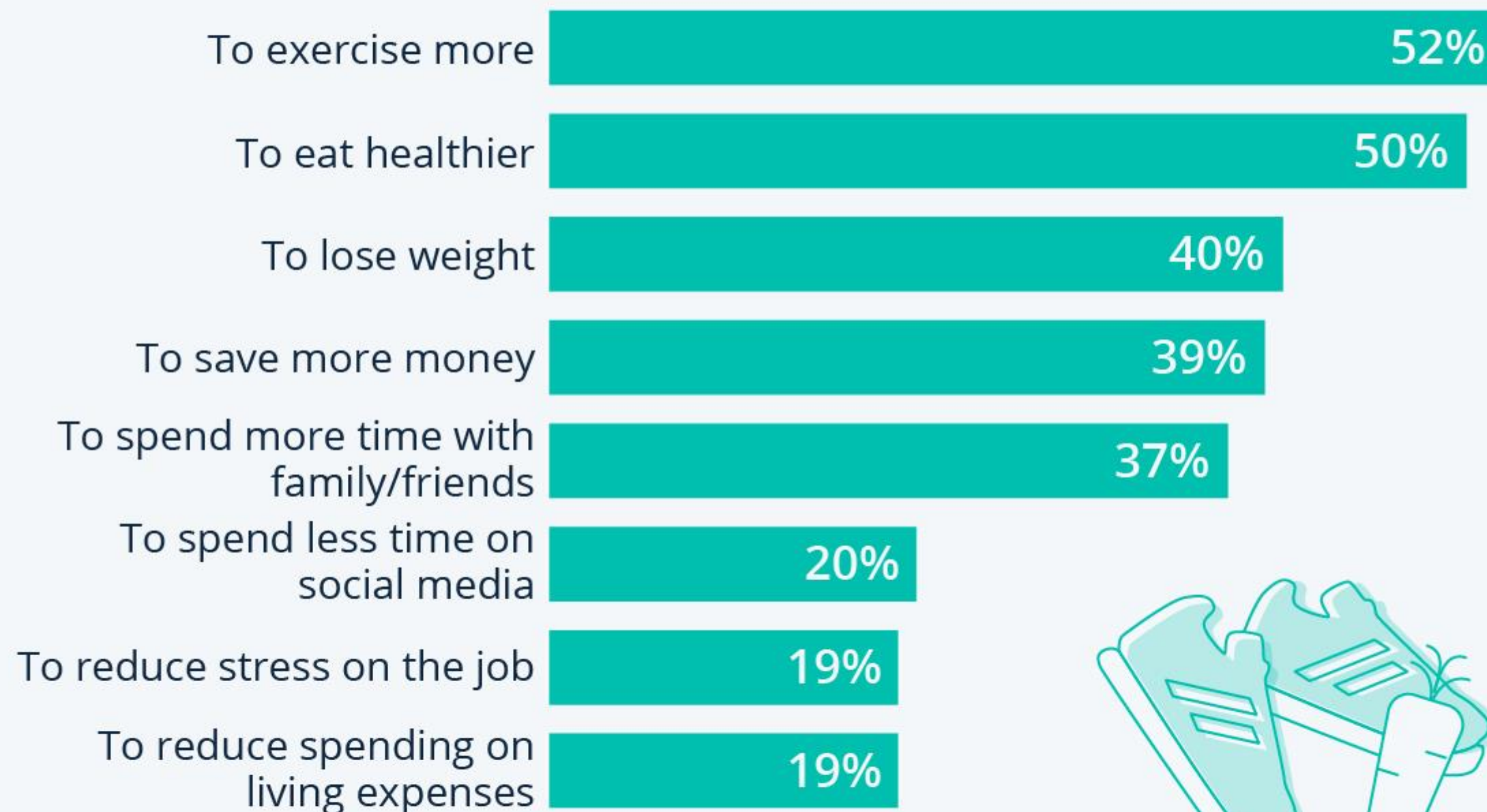
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What are the most common New Year's resolutions for 2023?

America's Top New Year's Resolutions for 2023

Most common New Year's resolutions among U.S. respondents who have made one or several



413 U.S. adults (18-89 y/o) surveyed Oct. 25-Nov. 2, 2022

Source: Statista Global Consumer Survey



“But for all the good intentions, only a tiny fraction of us keep our resolutions; University of Scranton research suggests that just 8% of people achieve their New Year's goals.”

Dan Diamond, Forbes Magazine



Why Can't We Keep our Resolutions?

Top 10 Reasons for Failure

- Doing too much at once
- Doing too little
- Doubt
- Too much thinking, not enough doing
- Impatience
- The process isn't fun
- Small setbacks
- Not recording progress
- No social support
- Not knowing the "why"

“For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. For I do not do the good I want to do, but the evil I do not want to do - this I keep on doing.” ~ Romans 7:18-19

The God of New Things

“Remember not the former things, nor consider the things of old. Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert.” ~ Isaiah 43:18-19



The God of New Things

“And he who was seated on the throne said, ‘Behold, I am making all things new.’ Also he said, ‘Write this down, for these words are trustworthy and true.’”

~ Revelation 21:5



How do we get to “new”?

Make a plan

- Proverbs 19:2; Proverbs 24:27;
Luke 14:28-32

Don't stumble over small setbacks

- Lamentations 3:22-23; 1 John 1:9

How do we get to “new”?

Enlist others to help you achieve your goals

- Proverbs 11:14
- Proverbs 15:22
- Proverbs 27:17
- Ecclesiastes 4:9-12
- 1 Thessalonians 5:11



Remember your “why”

- Proverbs 16:3
- Colossians 3:17
- Colossians 3:23-24
- 1 Corinthians 10:31
- Titus 2:7-8
- 1 John 2:6

“Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.” ~
2 Corinthians 5:17



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